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A crime scene in Lac-Mégantic

Death toll in the Quebec town train disaster climbed as police were calling the scorched area a crime scene

PAGE 8

Athletes left without venue

Athletes who use the Talisman Centre have to look elsewhere as the facility cleans up following last month's flood

PAGE 4

TIME TO SEE HOW THEY RUN

CANADIAN OLYMPIAN JON MONTGOMERY TALKS ABOUT HOSTING THE AMAZING RACE CANADA

PAGE 16



SWEET TREATS AT STAMPEDE

From left: Hannah Lochili, Melanie Khunkhun and Troy Steinke try out an elephant ear while enjoying their time on the Calgary Stampede grounds on Tuesday. More Stampede coverage, pages 21-23.

ALLISON PARDER/FOR METRO

FastCab set to roll out its own fleet soon

Tech controversy. Lawsuit remains against head of Calgary's new brokerage

Soon to roam Calgary streets is a new cab fleet being steered by a familiar face whose tech creation revved up criticism — and a lawsuit — from competitors.

FastCab Calgary Corp. hopes to formally launch on Aug. 1 and have a fleet of 50 vehicles running by fall.

That goal, if achieved, would make it the fourth-largest broker in the city behind only Associated Cabs, Checker Yellow Cabs and Mayfair Taxi, the heads of which collectively launched a \$1-million legal objection against company head Jeff Doecker in January over a smartphone app he created

bearing the same name.

The phone version of FastCab allows customers to link up directly with drivers from various brokers and use GPS to pinpoint the distance between both. Patrons can also offer cash incentives to bump themselves to the front of the waiting list and rate their experience with individual drivers.

But brokers operating in the city have declared the creation a violation of bylaws governing city taxi operation and claimed it poses a safety risk to drivers.

Now, Doecker is moving into the physical taxi business and his drivers will all use the app but also take fares from street-side hails and a typical dispatch system.

"The whole premise behind FastCab Calgary is to make the connection between the customers and the drivers as seamless as possible, which

is not currently the case with other taxi companies," he said on Tuesday.

The City of Calgary said Tuesday that FastCab Calgary is now a licensed broker.

Doecker's venture won't mean more taxis on the street — at least not yet — as city council regulates the number of plates issued to drivers. Instead, FastCab Calgary will pursue vehicle owners currently working with other brokers on the promise of equity in a company Doecker hopes to expand beyond Calgary's borders someday.

Associated president Roger Richard welcomed word of Doecker's latest creation, but continued to level criticism against the FastCab app.

"Follow the rules that everybody follows, then be my guest," Richard said. "Other than that, don't be a leech."

JEREMY NOLAIS/METRO



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Education. 'Creative' accounting dogging post-sec schools: Minister

Alberta's post-secondary institutions should all be using the same "measuring stick" to determine how they spend more than \$2 billion in taxpayer dollars annually, the advanced education minister said Tuesday.

Thomas Lukaszuk's comments came on the heels of a report from the provincial auditor general that found "confusion" among post-secondary leaders concerning Campus Alberta, a strategy aimed at encouraging better streamlining among 26 institutions in the province.

That strategy is 11 years old. But Lukaszuk said it's just now being implemented, with a priority on addressing "creative" accounting among institutions.

"Right now there are many different measures, and often, as a minister, I'm being told one school will say about the other, 'Well, you can't look at their numbers because they circulate their money differently and that's why they look so good compared to us,'" he said. "If they are going to be creative, we are going to be equally creative so the taxpayer and the student can compare them."

In April, Metro attempted to compare institutions by the amount of funding they devote to administration.

Some schools weren't even able to clearly break out administrative funding in their budget. JEREMY NOLAIS/METRO, WITH FILES FROM DARREN KRAUSE

Zoo closes South America building

The Calgary Zoo will close its South America building permanently, after extensive flood damage rendered it unsalvageable, officials said.

The building, home to 34 animals and 11 species, including five primate species, is situated along the Discovery Trail in the zoo, which is on lower lying land, Calgary Zoo spokesperson Trish Exton-

Parder said.

"It certainly did take on a lot of water," she said.

"It doesn't really make sense to rebuild it."

The animals from the building, which was one of the oldest on the zoo's 32 acres of land, will be relocated to new homes. Some may be sent away as early as next week.

"This is the sad reality that

we face — the Calgary Zoo has been forever changed by the flood on June 21," said Dr. Clement Lanthier, zoo president and CEO.

Before the flood, the zoo was looking to relocate four other species, bringing the total relocation to 45 animals and 15 different species, they said.

DARREN KRAUSE/METRO



Damage along the north side of the Calgary Zoo. DARREN KRAUSE/METRO

City's first cycle track opens downtown



Cyclists were able to utilize the city's first cycle track Tuesday on 7 Street and 1 Avenue S.W. KATIE TURNER/METRO

Education. Pamphlets will be handed out to educate bikers, pedestrians and motorists



KATIE TURNER

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Wheels were rolling across Calgary's first bicycle track on Tuesday, just hours after the new cycling infrastructure officially opened.

The track, located on 7 Street between the Bow River pathway near the Peace Bridge and 8 Avenue S.W., is a two-way, separated lane.

"Today is a major milestone for cycling in Calgary," said Don Mulligan, manager of transportation planning.

"It makes it a better choice for more people because it's separated."

While most commuters went along the tracks on Tuesday, Onno Dicker went around them on his bike.

"It looks a bit redundant," he said. "I wouldn't even use them. I'd just cycle on the road."

However, as Mauricio Gonzalez pulled his two-year-old daughter Sara in a buggy behind his bike on the way to daycare, he said he believes the tracks are beneficial.

"For me it's safer," he said. "I get nervous, that's why we have the flags so they can see her."

Cycling co-ordinator Tom Thivener said the city is engaging cyclists, businesses, community associations and other stakeholders to determine where the next location for further cycling infrastructure should go.

"It's happening really fast and I bet within six months I take forward a plan or a map to council to say here's where we want to build cycle tracks next."

More people doing it

35

Since 2006, the city says it has seen a 35 per cent increase in bicycle trips into the downtown core.

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Thousands of athletes displaced

Talisman Centre cleans up from flood.

Some teams have been forced to temporarily leave the city to train



JEREMY NOLAÏS

jeremy.nolais@metronews.ca

Heavy basement flooding has forced staff at Calgary's busiest multi-sport facility to scramble, cancelling summer camps and competitions and assisting elite-level teams with finding other places to train.

Four feet of water pooled in the bottom level of the Talisman Centre last month as the Bow and Elbow rivers surged into multiple Calgary communities, causing extensive damage.

Staff at the centre did begin reopening certain areas on Tuesday for endurance athletes; however, the majority of spaces remained closed as crews work to restore damaged systems behind the scenes, according to sales and marketing director Lorissa Dong.

"Basically, you and I cannot see the damage.... Every-

Huge impact

- Crews have yet to determine a cost for the damage caused by flooding at the Talisman Centre.
- The facility maintains an annual membership base of 6,000, is a training venue for another 3,700 competitive athletes and hosts 40 major competitions on weekends over the course of a year, according to sales and marketing director Lorissa Dong.

thing is pristine and looks beautiful from the outside but all the mechanical and electrical equipment that runs a lot of the stuff in the facility was damaged," she said.

Some high-profile competitions, including a tournament hosted by Canada's national water polo team, were outright cancelled, Dong said.

She added that about 200 kids were affected by the cancellation of the first two weeks of summer camps at the centre, but the hope is to make do next week with space in a north-annex building expected to resume



Calgary's Talisman Centre, the city's busiest multi-sport facility, remained largely closed on Tuesday after basement flooding last month damaged much of its mechanical and electrical equipment. ALLISON PARDER/FOR METRO

operations.

Other areas, namely, the pools and dive tank, may not reopen until late summer or early fall, something that was particularly concerning to

Charlie Tu, head coach of Dive Calgary and Rocky Mountain Diving.

Because Talisman is home to the city's only competitive dive tower and tank, Tu was

forced to move his team of 15 athletes and three coaches to Edmonton to train.

"We are basically homeless.... This is going to affect us greatly," Tu said.

Charges. Teen lured, sexually assaulted younger girl: Police

Police allege a teen repeat offender lured an eight-year-old girl to some bushes in northwest Calgary under the guise of playing a game and proceeded to sexually assault her.

The 16-year-old accused, who cannot be named under provisions of the Youth Criminal Justice Act, now faces five charges in connection with the incident, one that could have been a whole lot worse if not for the quick-thinking of an older friend of the victim and a neighbour who interrupted the alleged assault, according to Det. Jeff Klinger.

He said there is a lesson to be learned by others in how the situation was handled.

"The neighbour — and the people in any neighbourhood — know what's normal in their neighbourhood, they know who belongs and who doesn't and what kids should be talking to other kids," he said.

The teen is scheduled to make his first court appearance Wednesday after being arrested at his residence Monday. The boy's parents are being fully co-operative with the investigation, Klinger said.

Even if the teen is convicted of the charges, Klinger says, "(He's) not going to be locked up for the rest of (his) life," adding, "We need to find a way to get in touch with this person in a meaningful way to address any underlying concerns that may be present and try to help this person become a productive member of society."

Some of the teen's charges stem from a breach of court-ordered conditions on a similar charge that has yet to be resolved, Klinger said.

JEREMY NOLAÏS/METRO

TD Insurance changes course after hearing 'loud and clear' from angry Calgarians



Mary Lynn Richardson said she and her husband, Geoff Jenkins, were initially told an estimated \$75,000 to \$100,000 in damage to their basement would not be covered, but TD Insurance has since changed its position. ROBSON FLETCHER/METRO

Calgarians whose sewer-backup claims were initially denied by TD Insurance say they are pleased with the company's change of heart but the decision should have come sooner.

"It took them a while to get here but they finally got here," said Geoff Jenkins, whose Elbow Drive home suffered major basement damage. "We're just disappointed it took them so long to reach the decision to do the right thing."

The company announced Monday it would pay out sew-

er-backup claims in Calgary up to individual policy limits, and admitted Tuesday that public pressure played a role in the reversal.

"Initially we took a position with respect to residential coverage, and we heard loud and clear from customers some very negative feedback, and the position that we took was also not consistent with the rest of the industry," TD Insurance spokesperson Barbara Timmins said. "So we made a decision that we'd move our position to something we are more com-

fortable with."

After initially having their claim denied, Heather McDermid-Arvanitis said her husband heard from a TD Insurance representative Monday night and was told their basement damage would, in fact, be covered.

"We will stay with TD," she said. "But I think they need to revamp and re-look at their policies and the way they handle a lot of the way they run their insurance business."

ROBSON FLETCHER/METRO, WITH FILES FROM DARREN KRAUSE



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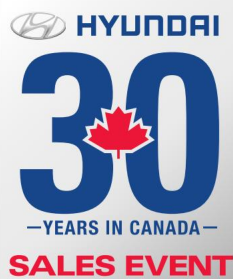
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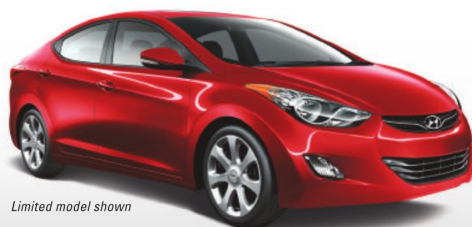


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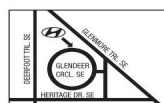
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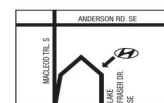
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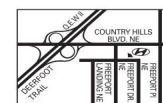
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KATIE TURNER/METRO

katie.turner@metronews.ca

Leaving your job in pursuit of a dream can be a scary premise, but one expert in the technology industry says it can often pay off.

And for those who do take the leap of faith to create that new app, web platform or whatever technology-based idea it may be, Sean Collins of Startup Calgary assures risk-takers there is a gentle landing place.

"Our whole focus is on being the starting point," he says. "We want to help people take an idea that's burning a hundred-million-dollar hole in the back of their head and actually turn that into a business."

Startup Calgary was founded in 2010 by tech experts Victoria and Christian MacLean out of a desire to connect with other entrepreneurs.

Over the past three years, it has evolved to focus primarily on getting entrepreneurs from the idea stage to a point where they have a viable business.

"The focus is really taking people who don't know the path and showing them the path," Collins says.

When it comes to the potential of Calgary's burgeoning technology industry, Atlee Clark says the city could be the next big thing.

Clark is a Canadian now living in the San Francisco Bay area working to promote and connect Canadian entrepreneurs with Silicon Valley.

Currently, she's the executive director of the C100, a non-profit organization with 100 charter members consisting of Canadian executives, CEOs and investors, all of whom are mentoring and growing Canadian-led tech companies.

With the sheer number of engineers in the city, Clark says big things in the way of technology could be on the horizon if people are willing to take the risk and leave their stable, salaried jobs.

"Alberta as a whole has something that nobody else has, and that's a cowboy mentality," she says.

"Acceptance of risk is something that's embedded here. What has to happen still is that acceptance of risk has to stop only existing within natural resources and be applied to technology."

Collins says for those interested in creating a tech startup, one of the easiest ways to do that is at Startup Calgary's weekly Hack Nights, held Tuesdays from 6 to 10 p.m.

It's a casual evening in which early-stage entrepreneurs share ideas and knowledge. And, Collins notes, there's free beer and energy drinks.

Alberta's largest startup technology event, AccelerateAB, of which Collins is also the co-chair, is on tap for July 10 and 11. From Demo Alley, where startups are show-



Sean Collins, vice-president of partnerships with Startup Calgary, says the whole focus of the Assembly Coworking Space at Accelerator YYC is "on being the starting point" for budding tech entrepreneurs. "We want to help people take an idea that's burning a hundred-million-dollar hole in the back of their head and actually turn that into a business." KATIE TURNER/METRO

Yeehaw, ride that tech wave!

"Alberta as a whole has something that nobody else has, and that's a cowboy mentality. Acceptance of risk is something that's embedded here."

Atlee Clark, executive director, C100, a non-profit group dedicated to mentoring and growing Canadian tech companies

cased, to a keynote speech from Gary Kovacs, CEO of Mozilla, Collins says the conference is really aimed at building connections in the tech "ecosystem."

The most important thing for those with ideas, says Collins — who himself became involved in the tech-startup scene only two years ago — is

to get out and try.

"It's sometimes as simple as telling people it is a career option," he says. "Once people find the community, they hunker down in the community and say, 'I can't believe I used to work at a boring engineering company, it's so much more fun to be doing my own thing.'"

Up to the challenge?

- In conjunction with Startup Calgary, Metro has launched a monthly app challenge.
- Local startups are looking for feedback and you can

help by searching apps from Calgary developers at metronews.ca.

- This week, try GetQ'd and Takeout King and let us know what you think.

Alberta Tech Week

Aspiring tech titans can't afford to miss these events

In collaboration with startup incubator AccelerateAB, Alberta Tech Week runs a full 10 days from July 5



to 14, with several events over the coming days. For more information or to register for the following workshops, go to albertatechweek.com.

July 10

1 p.m. How to Secure Angel Capital for Your Deal from Accredited Angel Investors @ Alberta Innovates Technology Futures; Assembly

Room (3608 33rd St. N.W.)

7:30 p.m. AccelerateAB Kick Off Party @ AcceleratorYYC (200-1212 9th Ave. S.E.)

July 11

10 a.m. AccelerateAB Conference @ Mount Royal University, Roderick Mah Centre (4825

Mount Royal Gate S.W.)

6 p.m. The Official AccelerateAB After Party Presented by VA Angels @ Cowboys Dance Hall (421 12th Ave. S.E.)

July 12

1 p.m. PR Advice for Startups with Justin Archer @ Assembly Coworking

Space (400-119 14th St. N.W.)

July 12 to 14

4 p.m. Calgary Startup Weekend kicks off @ Mount Royal University Main Campus (4825 Mount Royal Gate S.W.) To learn more, go to calgary.startupweekend.org
KATIE TURNER/METRO

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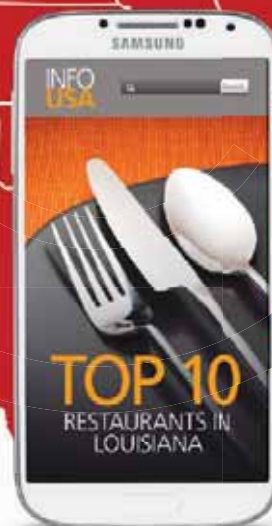


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Lac-Mégantic home to a burnt-out crime scene

Death toll still rising.

Police tight-lipped on what they have found or are still looking for

The official death toll in the Quebec train disaster climbed to 15 on Tuesday, with two more bodies pulled from a scorched area police were calling a crime scene.

With about another 35 people still missing, residents of Lac-Mégantic expect the grim news to continue.

Provincial police said they had 200 officers on site for a criminal investigation.

"There is potential evidence there that could eventually lead to criminal charges being laid," said Insp. Michel Forget.

"I won't speculate on the elements we have recovered

because they will be secret."

He said he doesn't believe terrorism is at play.

Earlier on Tuesday, the national Transportation Safety Board said it is performing its own investigation.

The TSB said Tuesday that authorities were never alerted to the fact that a runaway train was on its way to levelling part of the small Quebec town.

Rail dispatchers had no chance to intervene during the fateful 18-minute journey because they didn't know it was happening, TSB investigator Donald Ross told reporters.

"There were no signals nor track circuits, so the rail-traffic controller had no ... indication that there had been a runaway train," he said.

Such systems are in place on busier rail lines but not on secondary lines, said TSB manager Ed Belkoulou. **THE CANADIAN PRESS**



Firefighters take a break on a set of train wheels on Sunday in Lac-Mégantic, Que. HANDOUT/THE CANADIAN PRESS

Safety regulations

Changes on the horizon?

Edward Burkhardt, CEO and president of the company that owns the train, is set to visit Lac-Mégantic this week.

He told the CBC in an interview that the company has already changed some of its procedures. He also suggested that the decision to staff trains with one-man crews may have to change.

Questions were also raised about the rail tankers involved in the crash.

The tankers have a history of puncturing during accidents, TSB investigator Donald Ross has said.

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Who abandons a Ferrari? A lawyer in a big hurry

There it was: A silver Ferrari, submerged in the murky floodwaters of Toronto.

Photos of the orphaned sports car were everywhere Monday night as the rains that pummelled Toronto subsided.

Howard A. Levitt, one of Canada's leading employment lawyers, was on his way to an important hearing in Ottawa. He entered an underpass following several other cars, each of which easily traversed a body of water that looked no deeper than a puddle.

No such luck for Levitt.

His 2010 Ferrari California, which retails for \$192,000, rides extremely close to the ground, and despite its power-

ful V8, 454-horsepower engine, it only took a few inches of water to stop the car in its tracks.

Levitt realized a tow truck wouldn't arrive in time. So he opened the door, letting the dirty water flow in, and collected his bags from the trunk.

He took a cab to the island airport, found all flights had been cancelled, then headed to Pearson, where he caught "the last seat of the day" to Ottawa.

On Tuesday, Levitt won his motion in Ottawa, making the quick escape worthwhile.

"It's a good ending, except for my poor car," he said.

TORSTAR NEWS SERVICE



Howard A. Levitt's Ferrari, abandoned in Toronto floodwater. HIRA AHMED/TWITTER

Green giant



"While we do not know the election date yet, I want

to start campaigning now."

Ex-NHL tough guy Georges Laraque, confirming he is running for the Green party in a Montreal federal byelection.

NSA scandal

Snowden off to Venezuela ... or not

WikiLeaks said on Tuesday that NSA leaker Edward Snowden has not yet formally accepted asylum in Venezuela, trying to put to rest growing confusion.

On Tuesday, a Russian lawmaker tweeted that Snowden had taken the offer from Venezuelan President Nicolas Maduro, then deleted the post a few minutes later.

He then sent another message saying his claim was based on a report from a state TV channel, which in turn said the lawmaker misunderstood its report.

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Cleveland. Ex-captives break silence on YouTube



Amanda Berry, Gina DeJesus and Michelle Knight in a video posted on YouTube at midnight Monday. THE ASSOCIATED PRESS/HENNES PAYNTER COMMUNICATION

Three women who police say were held captive in a Cleveland home for about a decade have issued a video in which they thanked the public for the encouragement and financial support that are allowing them to restart their lives.

Amanda Berry, Gina DeJesus and Michelle Knight broke their public silence in the three-minute, 30-second video posted Monday night on YouTube. They said the support and prayers of family, friends and the public are allowing them to rebuild their lives after what Berry called "this entire ordeal."

The women had gone missing separately between 2002 and 2004, when they were 14, 16, and 20 years old.

In the video, none of the women had any visible scars of the abuse they said they

Quoted

"I may have been through hell and back, but I am strong enough to walk through hell with a smile on my face and my head held high."

Michelle Knight

suffered at the hands of Ariel Castro, who has pleaded not guilty to a 329-count indictment alleging he kidnapped them off the streets and held them captive in his two-story home. They were smiling and appeared upbeat.

Castro was arrested May 6, shortly after Berry broke through a door at the home and yelled to neighbours for help. THE ASSOCIATED PRESS

Shedding light on forgotten Canadian war heroes

Operation Husky. Contribution helped turn the tide in WWII



JESSICA SMITH
jessica.smith@metronews.ca

Charles Hunter says it "hurts a little" when his Second World War service is ignored.

Hunter, a bombardier with the 39 Regiment Royal Artillery, was one of 25,000 Canadian soldiers who invaded Sicily in 1943 as part of the Allies' Operation Husky. It was the first independent role for Canadian soldiers in WWII, and Canada's strategic contribution helped open Italy to the Allies and turn the tide of the war.

Seventy years later, Operation Husky 2013 is commemorating the Battle of Sicily, which they say has been overlooked by history. The group says a poll of Canadians found 91 per cent didn't know Canadian troops

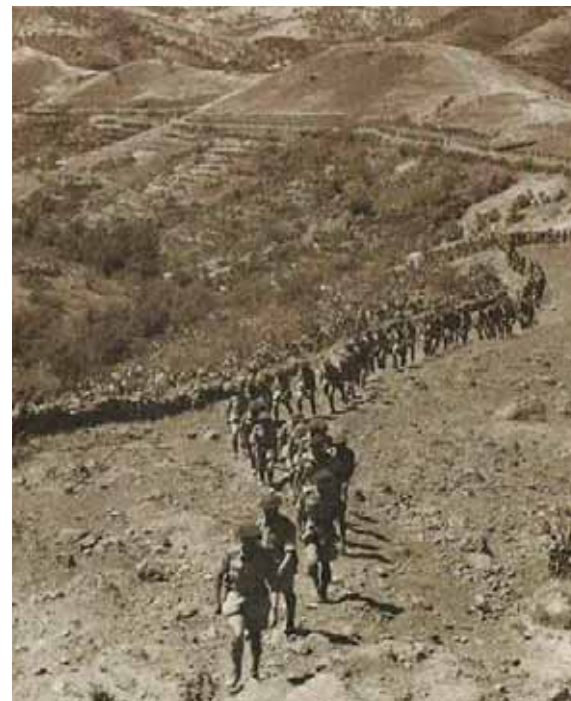
were in Sicily during WWII.

"I don't know why it's ignored," Hunter said. "And it kind of hurts a little bit, to feel you get ignored when you've done a good job."

Operation Husky — the original one — commenced before the early hours of July 10, 1943. Allied forces stormed beaches at Pachino and climbed a 900-metre cliff the German's had left almost undefended, believing it impossible to scale.

The Allies drove the Germans off the island. Of 25,000 Canadians who fought, 562 had died by the end of the month. Compared to stories about D-Day and Dieppe, little is said about Canada's role in the Italian campaign.

To right that wrong, Operation Husky 2013 will be commemorating the Battle of Sicily beginning July 10. More than 200 Canadians are heading to Sicily, to take part in remembrance ceremonies, including retracing the soldier's march across the island.



Soldiers march across Sicily in 1943. CONTRIBUTED/OPERATION HUSKY 2013



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No silver lining in Que.: Pipeline execs

Lac-Mégantic. While many suspect rail disaster will boost pipeline support, execs say concerns apply to all

Executives with major Canadian pipeline companies say they see no silver lining to the Lac-Mégantic train disaster.

There have been suggestions that transporting oil by pipeline may seem more palatable after several oil-laden rail cars exploded over the weekend, killing more than a dozen people and devastating the small Quebec town.

But TransCanada Corp. CEO Russ Girling said there's "no good news here for anybody" in the tragedy and the notion that the pipeline industry will somehow benefit from it "makes no sense."

While disasters ranging from Lac-Mégantic to the massive BP oil spill in the Gulf of Mexico three years ago jolt the public, Girling said companies such as TransCanada still have a responsibility to build new energy infrastructure.

"People continue to have needs for starting their vehicles every morning, cooking their food, heating their homes. We have an obligation to do that as



Investigators dig through the rubble for victims of Saturday's derailment in Lac-Mégantic, Que., Tuesday, as a tanker truck empties cars of their remaining contents. JACQUES BOISSINOT/THE CANADIAN PRESS

safely as we can."

The president of Kinder Morgan Canada, which is planning to nearly triple the amount of crude shipped between Alberta and the B.C. Lower Mainland, said he too fails to see any upside for pipeline firms.

"I think that the public is obviously very concerned

about the broad safety net that is available for both rail and pipelines," he said.

"I think it's a question of all operators — whether it's pipe or rail or trucking for that matter — (to) continue to be very diligent and vigilant in their safety precautions."

THE CANADIAN PRESS

Quoted

"This is a tragic event that shakes everybody and shakes all of us that are in the business."

Russ Girling, TransCanada Corp. CEO

Leaked recording

Murdoch recalled for questioning

Lawmakers will recall Rupert Murdoch to London for more questions about a leaked recording in which he appeared to dismiss evidence of wrongdoing at his U.K. newspaper titles,

a senior parliamentarian said.

The recording caught Murdoch describing allegations against his journalists as "next to nothing," boasting his lawyers were refusing to actively co-operate with investigators, and speaking dismissively of bribery accusations.

THE ASSOCIATED PRESS

Market Minute

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Notice of Hearing for Permanent Guardianship Order To Matthew Yardley

Take notice that on the 10th day of July, 2013 at 2:00 p.m., at Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order** of your child born on **March 14, 2013**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink
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 You are also notified that if you fail to appear at that date to contest the motion, a judgment by default may be rendered, without further notice of extension.
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BlackBerry. CEO says company on the right path

BlackBerry chief executive Thorsten Heins stood before shareholders of the smart-phone maker on Tuesday and asked for patience as the company pushed ahead with its goal to become profitable again.

"We are still in the midst of a major, complex transition of this company, and like most of these transformations ... progress can be volatile," Heins told the BlackBerry annual meeting.

Investors generally took an optimistic and patriotic tone at the event, especially given that their shares have been pummelled since the company reported a first-quarter loss less than two weeks ago and its stock dropped 28 per cent.

The market also appeared to feel encouraged as BlackBerry shares closed up 10 cents at \$10.20 on the TSX on Tuesday.

It was a noticeable shift from a year ago, when several of the company's shareholders used the meeting as an opportunity to express their concern over the company's future. This year, a few took to the micro-

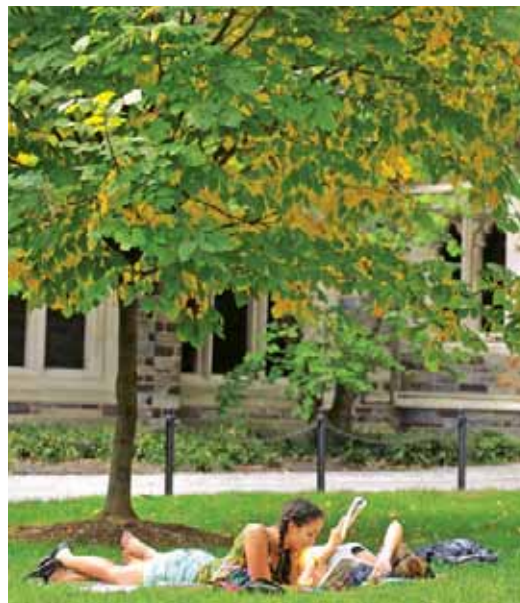


BlackBerry CEO Thorsten Heins
GEOFF ROBINS/THE CANADIAN PRESS

phones to express their hope for BlackBerry's future and its significance to Canada.

"I am not somebody who thinks the company should be broken up," said one shareholder to a round of applause from the crowd.

Activist shareholder Vic Alboini of Jaguar Financial, who has been a vocal critic, took a moment to tell Heins how pleased he was with the progress so far, but he also repeated his opinion that the company consider breaking apart its operations to sell them off. **THE CANADIAN PRESS**



Stand by your Ivy League man

Two women lay out at Princeton University. An alumna who urged female students to find a husband before they graduate has a book deal. Susan Patton has an agreement with Gallery Books, an imprint of Simon & Schuster, for *Smarten Up!: Words of Wisdom from the Princeton Mom*, scheduled to come out in 2014. Patton attracted national attention for a letter published by *The Daily Princetonian*, warning women they would never again be around so many "worthy" men. According to Gallery, Patton will offer "uncomfortable truths" about marriage and motherhood and what could happen if students wait too long. **WILLIAM THOMAS CAIN/GETTY IMAGES**

Global conditions weak

IMF sees slightly stronger growth in Canada

The International Monetary Fund is upgrading Canada's growth expectations for this year to 1.7 per cent, but warns that overall global conditions remain uneven, weak and perilous.

The two-tenths of a percentage point upward revision for Canada follows a first quarter that topped expectations by coming in at a relatively strong 2.5 per cent.

But the IMF says that will even out over the year and it predicts Canada's growth rate will rise to only 2.2 per cent next year, two-tenths less than its previous forecast in April.

"In Canada, the U.S. recovery will support growth, but high household debt and moderation in the housing sector are likely to weigh on private consumption and residential construction," it said.

THE CANADIAN PRESS

Quarter 2

Property prices still climbing: Royal LePage

Home prices in Canada are showing no indications of falling this year, a survey by Royal LePage suggests.

A report by the real estate company said the average prices for standard two-storey houses and detached bungalows went up 2.7 per cent in the second quarter of this year, compared with a year ago.

During April to June, houses were listed for an average price of \$419,614, while bungalows had an average price of \$386,547, according to the survey.

Vancouver remained the most expensive city in the last quarter, even though prices dropped year-over-year. The average price for a detached bungalow fell 5.9 per cent to \$1,052,500, while the average price for a standard two-storey home decreased 2.3 per cent to \$1,151,250.

THE CANADIAN PRESS

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WANT TO KNOW YOUR DEATHDAY?

Another day, another amazing scientific breakthrough.

This one, I have to admit, actually is amazing. And disturbing.

A team of scientists in the U.K. have come up with a blood test for infants that will predict how quickly they will age and how long they will live.

Talk about "born to die."

These scientists have identified 22 metabolites — molecules linked to metabolism — that help govern a host of bodily mechanisms such as lung function, bone density, blood pressure, cholesterol levels, etc.

Putting a positive spin on it, the scientists believe that they will now be able to influence these metabolic factors and treat age-related diseases before they put us on the wrong side of the lawn.

But seriously, do you really want to know when it's over — as



JUST SAYIN'
Paul Sullivan
metronews.ca

soon as it begins? Right now, Canadians can expect an average life expectancy of 81 years, which seems comfortably far off when you're three days old. But what if your metabolites predict a 50-year life span — or worse? It seems a bit unfair to expect someone to start working on a bucket list before he's out of short pants.

How long will it be before metabolite blood tests are routine? Together with genetic analysis, the fate of the child will be sealed before the first car ride home. Career, insurance coverage, diet, hobbies, whatever, will all be based on their metabolic or genetic impact — or both. "Epigenetics" is the means by which environmental factors switch certain genes on or off. So, conceivably, the state of your metabolites will help determine your genetic array and vice versa.

Together they take all the guesswork out of life. Maybe all the

fun, too.

If you were still harbouring any notions of free will, it's time to put all that aside and start the grim dance of biological determinism.

It's hard enough bringing kids into the world. If you're lucky enough to give birth to a relatively robust being who will take care of you in your dotage, it's almost worth the investment, but if the poor little gaffer will expire before you're 64, what's the point?

Of course, it doesn't matter what I think or what you think. Medical science marches forward, regardless. Once the genie is out of the test tube, it's not about to allow itself to get stuffed back in.

Still, I'm glad I have no idea what my best-before date is. For all I know, I could be looking forward to a telegram from the Queen when I turn 100. She'll certainly still be around.

Or the wheels could fall off next Thursday. Ignorance is bliss.

ZOOM

N.Y.C. bar scene having an ice age



BEBETO MATTHEWS/THE ASSOCIATED PRESS

Baby, it's cold in the ice cave

In the sweltering summer heat, New Yorkers are ready for the big chill — in midtown Manhattan.

The city's first ice bar is now open at the New York Hilton Midtown on Sixth Avenue. The \$20 admission includes Eskimo-style gloves and a parka for the privilege of drinking cocktails in the freezing Minus5 Ice Bar.

The entire bar is made of

ice. "The walls, everything," manager Chris Eldridge said. "The chairs you're sitting on, the glass you're drinking out of, even the light above your head is made of ice."

Promoters say it's all carved out of "100 per cent Canadian ice."

The truth is, it's special, extra-clear "carvers" ice — some from Canada, the rest from Philadelphia, Las Vegas and Minneapolis.

THE ASSOCIATED PRESS

It's the cool place to be

-5

The temperature inside? A soothing 23 degrees Fahrenheit.

That translates to -5 on the Celsius scale, hence the name.

Any heat-emitting devices that could melt the Arctic freeze — like cellphones — must be deposited in temperature-proof lockers at the door.

There are already two Minus5 bars in Las Vegas.

Put this on your bucket list

The only concessions to warm comfort are some couches covered in deerskin.

Drinks reflect the icy clarity: mostly vodka-based cocktails in custom-designed glasses made from artesian water.

Bartender Paul Stavros was decked out for his eight-hour shift. He wore thermal underwear and snow boots.

THE ASSOCIATED PRESS

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

Happy birthday, dear app store. In honour of Apple's app store turning five this week, the folks over in Cupertino, Calif., are celebrating their half decade by giving away five games and five apps. Make sure to get yours before the flash sale runs out (unclear when the sale ends, but rumours suggest the end of the week).

Badland:

With accolades such as the 2013 Apple Design Award, why not try this physics puzzle game based in a fairytale-like forest while it's free (\$4).

How to Cook Everything:

Who said there's no such thing as a free



lunch? The Holy Grail of cookbooks, New York Times' Mark Bittman's *How to Cook Everything*, which usually goes for around \$10, is up for grabs.

Traktor DJ HD:

This professional mixing app usually goes for \$20 and includes DJ effects like BeatMasher, reverb and relay.

Comments

RE: Lac-Mégantic begins the week with a shattered core and dozens still missing, published July 8

Where exactly do they think the 40 or so people went?

Look at the destruction and flames that carried on for hours. Do they expect to find bodies? Or do they expect to scientifically connect ashes?

Warning signs my ***. You leave a train that is a potential mega big bomb alone and say there might have been warning signs.

People have lost loved ones and everything they had and this ziggung around to find why the train killed them is disgusting.

The fact is it did, now own up to it and help these people.

Jean Caron posted to Metro Ottawa's Facebook page

WE WANT TO HEAR FROM YOU:

Send us your comments: calgaryletters@metronews.ca

2 SCENE

Godzilla: a historical movie figure

For someone who grew up



IN
FOCUS
Richard Crouse
scene@metronews.ca

watching Godzilla stomp his way through the major cities of the world, the idea of a sea monster large enough to use a battleship as a baseball bat is very exciting. In Pacific Rim director Guillermo del Toro presents the biggest movie monsters seen since the Blue Oyster Cult sang, Oh no, there goes Tokyo, go go Godzilla!

Pacific Rim's monsters are direct descendants of the "kaiju" or strange beasts that became popular in the sci-fi films produced by the Japanese company Toho in the 1950s and '60s. Most famous is the king of all monsters, Godzilla, the giant lizard who wreaked havoc in 29 movies. Rounding out Toho's big five are a Divine Moth called Mothra and a trio of kaiju named King Ghidorah, Mechagodzilla, and Rodan.

The first Godzilla film came in 1954. The story of an ancient dinosaur-like colossus created by American nuclear weapons testing was inspired by a news story about the Lucky Dragon 5, a Japanese fishing boat contaminated after sailing too close to a U.S. nuclear test.

"Suitmation actor" Haruo Nakajima played the beast and could only walk 30 feet at a stretch in the 200-pound Godzilla suit. To create the monster's fearful roars, audio engineers threw reverb on the sound of a resin-coated leather glove rubbed on the strings of a double bass. Ten years after that movie, King Ghidorah, a fearsome alien dragon, was created as Godzilla's archenemy.

Director del Toro too busy to take in a movie

Blockbuster. Guillermo talks making Pacific Rim and making movies in Hollywood



NED
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Metro World News in Hollywood

Guillermo del Toro is first and foremost a movie buff, which has been causing him a distinct amount of unhappiness.

You see, del Toro has been so busy making movies — particularly his latest, the giant robots vs. giant monsters blockbuster Pacific Rim — that he hasn't had any time to actually watch other people's movies. Or at least that's the excuse he gives for not having seen Man of Steel or the first instalment of the Hobbit, which he was originally pegged to direct.

There's been a lot of criticism about the levels of carnage shown in Man of Steel. Your film also features a great deal of urban destruction. How do you keep from crossing the line from fun into too realistic?

Well, kaiju movies by definition bring a completely escapist fun in these type of fights. When you're a kid and you're watching Godzilla stomp a bunch of tanks or jets or cut through a city, the proportions of these things are so enormous that you cannot correlate them to anything real. What I do is I then bring in visually a very different sense of style from reality. I have these super-coloured lights illuminating the rain,



Idris Elba, from left, Rob Kazinsky and director Guillermo del Toro are shown on the set of Pacific Rim.
KERRY HAYES/WARNER BROS. PICTURES/MCT

so it looks like a living comic book or a living anime, you know? And the thing that I do very, very consciously is I vacated all the streets so they would be empty of people. So you're never thinking, "Oh, the kaiju just crushed 600 people." Because the streets are vacated and everybody's in a refuge, all they can destroy is buildings and vehicles when nobody's there.

Have you seen Man of Steel?

No, I haven't. I haven't seen many movies because I've been making one. The only two or three times I've gone to the movies in the last few years have been to movies that my daughters want to see. So I went to Les Misérables and I went to some animated movies — movies that I would not necessarily have gravitated

towards. But that's being a parent, taking your daughters to see the Justin Bieber concert movie.

Does that mean you have to go see the One Direction movie later this summer?

No, no (laughs). Actually my daughters are not into that stuff.

Are you planning to do another non-English language film anytime soon, or do you live in Hollywood exclusively now?

Yeah, I would love to. I produce a lot of movies in Latin America and Spain and I'm producing a movie right now in Mexico. As a director I would love to do it, but I need to find a story that suits me. It's not like I have a drawer full of stories in Spanish and in

English.

What determines if a story is better told in Spanish rather than English?

You cannot aspire to do a movie that is as quirky as Pan's Labyrinth in the Hollywood machinery. It would get tested and noted by executives to death. It would end up having a happy ending and all that bulls—, you know? And at the same time you cannot end up with a movie that is as spectacular and huge and magnificent in showmanship as Pacific Rim if you do it in Mexico or Spain. So depending on the scale of the story, depending on if you need to protect the production value and spectacle or if you need to protect the content and quirkiness of the story, you go from one (end of the) scale to another.



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George Clooney

George Clooney is on the market

George Clooney is back on the market — and apparently he has been for longer than people think. Clooney and girlfriend Stacy Keibler have reportedly parted ways and have been trying to keep the split under wraps for as long as possible, according to Radar Online.

"They did break up," a source says, noting that the

split was "amicable" and "due to schedule, nothing more." Clooney and Keibler have been spending time apart the last two months while dodging breakup rumours. "It's been slowly falling apart for awhile," a source tells Us Weekly. "Stacy knew George was not the man to settle down with."

Carrey apologizes for comments, not for position

Jim Carrey is still against assault rifles and won't be promoting his next film, the bullet-ridden Kick-Ass 2, but he is at least learning to play nice.

"Assault rifle fans, I do not agree with you, nor do I fear you, but I do love you and

I'm sorry that in my outrage I called you names. That was wrong," the outspoken actor posted to Twitter. "By the way, I don't need a crisis manager, just a conscience. Calling people names is inappropriate, but my position on assault weapons hasn't changed."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Nick Lachey sings for his dinner

Nick Lachey turned up the heat during a brief tour stop in New York on Monday to help launch a viral advertising campaign for Wendy's new Pretzel Burger.

The '90s heartthrob, back on tour with a reunited 98 Degrees, gave an intimate performance at a Midtown Wendy's, singing songs based on some tweets about the burger chain's latest creation. Yes, you read that correctly.

"It's not the easiest thing to write a song out of tweets," Lachey said about Monday night's performance. The song he created especially for this event? "Pretzel Buns I Am a Fan... Hashtag." That is literally what he sang. (The

Word really wants to know what his paycheck was for this. Let's hope it wasn't just in Pretzel Burgers, even though he admitted that he's "a huge pretzel guy.")

Lachey was right back on the road after the event to prepare for the West Coast leg of the tour. Now 39, life on the road comes with different responsibilities for Lachey and his wife Vanessa, who are bringing their newborn son, Camden, along for the ride.

"It's different, but it's cool to come off stage and know your family is there and your son is sleeping in a crib on the bus," he said. "In a lot of ways it's a much cooler dynamic just having the opportunity to spend time with them and the opportunity to share those memories. It's a lot more meaningful than to be out on your own." **METRO**

WITH REPORTING FROM CHRIS LONGO



Jason Statham ALL PHOTOS GETTY IMAGES

Statham ready to tie the knot

After three years of dating, Jason Statham is reportedly ready to make it official with Rosie Huntington-Whiteley, according to Us Weekly. "I hear he'll propose soon," a source tells the magazine. "Their connection is very serious and

physical." And Huntington-Whiteley herself clearly isn't bothered by their 19-year age difference. "I'm not interested in hanging out with boys," she recently said in an interview with the Edit. "I have all the man I need."

Twitter



@AmandaBynes
Drake Has An Ugly Face



@mcgregor_ewan
Bonjour tout le monde.



@mindykalng
I have found, in my travels, that men's razors, men's deodorant, and men's watches are better than women's.



@SarahKSilverman
I just realized that my dog WANTS to be on the leash b/c I keep him from walking into walls. I'm a seeing eye person

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The cast of Canada's Amazing Race. HANDOUT

From far and wide, the True North is Amazing TV

The Amazing Race. The hugely popular reality TV show is coming north of the border with a Canadian edition



ON THE MOVE
Loren Christie
life@metronews.ca

Canada is finally getting its own version of The Amazing Race. Helming the show is host and Olympic athlete Jon Montgomery.

What made you want to be the host?

It intimidated me and scared me and I like that. As people we learn the most when we challenge ourselves, when we live outside our comfort zone.

What do you bring to the show?

Just an aspect of being myself. I think that's what was perhaps endearing at the 2010 Games. Just being

someone who Canadians identified as being uniquely Canadian, being honest, being you, drinking beer. A big beer. If people identify me as an average Joe Canadian, then that's something I am really proud of. I set lofty goals for myself, but I am just an average guy getting it done.

Did you have any input into the roadblocks or detours? They didn't pick my brain. I was simply tasked with being

the host. But in the role I got to explain and do all the challenges. I demonstrate them. That's what will be different from Phil's (original series host Phil Keoghan) role and my role.

How long did the filming take? How many legs?

It was three weeks, every day. I believe 10 episodes in total. Each episode isn't just a day; they can span a couple of days. There were crazy hours just like in the

U.S. one. People are fighting tooth and nail to get across this country.

What surprised you most about Canada?

Lots of places I didn't know about. We experienced a

desert, mountains in places that I didn't expect to see them. At every stop there was some element of surprise. And I considered myself to be a pretty knowledgeable guy about our country.

Can you tell me one place the show went?

I can tell you we took a great many planes and automobiles to get from coast to coast to coast.

You said coast three times?

We go north. If there is a Canadian out there wondering if they will see an aspect of their area of the country in this TV show, the answer is — yes!

THE AMAZING RACE CANADA WILL AIR MONDAYS AT 9 P.M. ET/PT BEGINNING JULY 15 ON CTV.



Meet the teams

Get to know the contestants

- Team 1.** Vanessa Morgan and Celina Mziray, sisters, Ottawa
- Team 2.** Tim Hague Sr. and Tim Hague Jr., father and son, Winnipeg
- Team 3.** Hal Johnson and Joanne McLeod, Married fitness icons, Oakville, Ont.
- Team 4.** Brett Burstein and Holly Agostino, Married doctors, Montreal
- Team 5.** Jamie Cumberland and Pierre Cadieux, best friends, Airdrie and Innisfail, Alta.
- Team 6.** Jet Black and Dave Schram, best friends, London, Ont.
- Team 7.** Treena Ley and Tennille Dorrington, twin sisters, Hamilton, Ont.
- Team 8.** Kristen Idiens and Darren Trapp, dating, Fairmont Hot Springs, B.C..
- Team 9.** Jody Mitic and Cory Mitic, brothers, Ottawa and Edmonton

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Get lost in woodsy New Hampshire

Destinations. It's close enough to Canada — it even borders onto Quebec — but feels a million miles away

EVA
KIS
Metro World News

New Hampshire is a convenient and tax-free haven with cooler mountain air and surprising luxury.

Make the most of your visit with our guide.

Portsmouth

Make Wentworth by the Sea your home base to explore Portsmouth.

With all rooms boasting water views, this grand hotel was saved from demolition and reopened in 2003. Its restaurant, Salt, is fresh off an extensive remodelling with a new menu and a herb garden, used by the bartenders for seasonal cocktails.

In the morning, head to Portsmouth Kayak Adventures (portsmouthkayak.com) for a few hours of guided leisure on the Piscataqua River, no experience required.

One more spot

Franconia Notch/ Plymouth

- **Where to go.** Relax at Echo Lake (cannonmt.com/echoealake.html). For lunch, hit Foster's Boiler Room (thecman.com), and later, unwind with a show at The Flying Monkey (flying-monkeynh.com).



Walkway over Sabbaday Falls off the Kancamagus Highway — White Mountains National Forest, New Hampshire. ISTOCK PHOTOS

Have lunch downtown on the water at Martingale Wharf (martingalewharf.com), where most everything on the menu has a gluten-free version.

Shop for an unexpected accessory at Puttin' on the Glitz (puttinonthehlitznh.com) — proprietor Assiah Russell swears by the power of a hat.

North Conway

Summer means ski resorts get creative, and Cranmore Mountain Adventure Park (cranmore.com) has packed in activities for everyone ages three and up, including

a solo roller coaster and an adventure course with a zip line.

After conquering the mountain, take a stroll through Settlers' Green (settlersgreen.com), featuring more than 60 tax-free factory stores.

If your palate is developing a taste for the outdoors, The 1785 Inn (the1785inn.com) is known for game (buffalo steak is a recent special).

Digest your busy day on the sprawling deck of the luxurious White Mountain Hotel & Resort (whitemountainhotel.com), or soak your tired muscles in its outdoor jacuzzi.

Lincoln/Crawford North

A large part of the fun is getting here via the Kancamagus Highway (kancamagushighway.com), a 35-mile scenic route through White Mountain National Forest.

Though a popular route to view fall foliage, the fog-wrapped peaks and lush green valleys put on a good show of their own. Make camp at AMC Highland Center (outdoors.org), an environmentally friendly lodge with experienced guides and free equipment

rentals.

Don't go all Davy Crockett in the woods, though, because the Cafe Lafayette Dinner Train (nhdinnertrain.com) leaves at 6 p.m. for a moveable feast of traditional favourites.



One of the cliff faces as seen from atop Cathedral Ledge, North Conway, New Hampshire. ISTOCK PHOTOS



Portsmouth, New Hampshire skyline with a tugboat in the foreground. ISTOCK PHOTOS

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How to click, submit and get picked: Get a handle on the online job hunt

E-mploy me. Creating an application package that conquers all of today's web-based roadblocks

MEGHAN
GREAVES
TalentEgg.ca

Online job searches have become the easiest way for students and new grads to apply for jobs. This makes it critical to understand how online job searches actually work and how to ensure that you prepare your application successfully. How can you do this? Talk with the experts.

Resumé coach Pamela Pateron has 15 years of experience teaching about the art and science of creating effective resumé. She's the author of the new book *Get the Job: Optimize Your Resumé for the Online Job Search* and she was able to provide some egg-cellent online job searching expertise and tips.

What is the resumé writing system you refer to in your book?

The resumé writing system is a comprehensive approach to writing resúmes and getting them highly ranked in online job systems. It consists of six key steps:

1. Learning the system (beginning in the right way to achieve success).
2. Creating an effective layout and design (so your resumé is not rejected by online job



Take the road less travelled when typing up your resumé by doing away with the dull. iStock

systems).

3. Boosting your content (overcoming deficits and word choice problems).

4. Tailoring your resumé for online job systems (understanding how to become highly ranked — it's about more than just keywords).

5. Keeping your resumé on top of the competition (by doing what few people know how to do).

6. Testing and releasing your resumé to prospective employers.

You also discuss the other side — applicant tracking systems (ATS) — in your

book. What are some effective ways to get through this system when applying for a job?

ATSs can search resúmes in almost any conceivable way — really, in any way the (employer) wants this system configured. Some people think that if they just include keywords

Your thoughts?

@TalentEgg: #QuestionoftheDay: How do you stay up-to-date on what's happening in your industry?

- @barreda_vick: I follow trusted sources who offer relevant and up-to-date information...such as @TalentEgg!!!
- @lilybonniechao: Follow relevant industry news outlets on Twitter.
- @EvanBirch: I join lots of relevant LinkedIn groups & follow thought leaders on Twitter #QuestionoftheDay
- @MarinighPR: Industry blogs, LinkedIn & Twitter!
- @melissaashley: I follow a variety of sports-related accounts (teams, brands, personalities / athletes, fans) for commentary & links to articles.
- @JodOwens: following the right people on twitter! Whether it's recruiters, entrepreneurs, businesses or magazines I find twitter is best!

you last held the job title, the percentage that your resumé matches the job posting and even the method that you applied to the job, such as to the company directly or through a job board. There is a perception that job seekers who apply to the company directly are more interested in working for the company itself, and they may be higher ranked because of it.

How should job seekers tailor their resúmes?

Don't come across as "plain vanilla" like the thousands of other jobseekers.

You won't grab anybody's attention. One technique is to provide factual, objective information rather than subjective information that could be based on opinion.

For example, don't say you are "intelligent" if you can say you have a 4.0 GPA. Don't say you're "hard working" if you can include a snippet of a quote from a former manager who says you are a "major contributor on projects and a valued team member." Prospective employers like to see evidence on a resumé as opposed to opinion.

If you can provide statistics, even better. For example, rather than saying you designed a "large and complex" asset management system, you could say that you designed an asset management system that "managed the assets of 13,000 staff." Always be as factual as you can, and let the words do the talking for you as opposed to including subjective claims.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

from the job listing, their resumé will be filtered in a favourable way.

Job listing keywords help, but it is not the only strategy you need. ATSs may also search by other keywords, such as competitors' names. ATSs can search by job title, the date



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Suddenly seeking CV. Need an updated resumé ASAP? A spreadsheet of your latest skills will make building one a breeze

JESSICA
CRUZ
TalentEgg.ca

Do you ever find yourself scrambling to fix your resumé to meet the deadline? Do you have trouble tailoring your skills to job descriptions?

Or perhaps you accidentally deleted experience from the last version of your resumé that could be relevant to a new job you just found.

Applying for jobs, compiling resúmes and writing cover letters consumes a lot of time. Keeping a "master list" of your accomplishments will help you organize skills, experience and activities that

could come in handy for future job applications.

Let's say a new job comes up that requires social media and written communication skills. Here's how a database can locate, sort, and cultivate fast resumé points:

First, create a spreadsheet in a program like Microsoft Excel or Google Drive and add tab sections for various aspects of your career, such as skills, work and volunteer experience, education, references, contacts, etc.

Tabs help organize different sections and keep them all in one document.

Skills and experience

Place your volunteer experience and work experience in separate columns. Sort them chronologically with as much detail as you can remember. If you're just starting, copy and paste the relevant experience from existing resumé drafts. This database will be a great source for skills and experiences for future resumé

Cover letters

Most jobs still require cover letters. Are you looking for relevant experience that relates to a job listing?

- Your master list will outline everything you need to plug in to match the requirements! Choose wisely, spruce up your sentences and you're ready to apply.

and cover letter content.

Education

The education tab sorts out your schools, awards and related extra-curricular activities. Hopefully you will begin to see correlations between this information and the jobs you're applying for, and decide whether certain details will be added to each resumé.

References and contacts

Emails and business cards

often pile up or get thrown away. Having each person's contact information in a spreadsheet can help you keep track of who they are, how you met them, what you discussed, the last time you contacted them and more. Social media tools like LinkedIn keep professional connections updated, but it's always good to have a backup space with additional context. Tabs in one spreadsheet are a great way to organize these contacts.

Sorting out the information may take time, but it will make resumé-making and the application process a little less stressful in the future.

A reference and contact list will keep you in the loop of contacts that can connect you to the right people or the right job.

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Keeping a database of your skills and experience becomes especially helpful when you are applying for more than one type of job and building separate resúmes for each one. ISTOCK

Distribution Auditor (part time)

Who We Are: Metro is Canada's most-read national daily newspaper brand. Metro targets YAMs (youthful, active metropolitans) and reaches more than 1.6 million readers daily and 3.9 million over the course of a week. Metro launched in Canada in Toronto in 2000 and in the spring of 2012, we launched in 6 new cities. In short – we're still growing!

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Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than July 10, 2013. PLEASE QUOTE: "Distribution Auditor (Part Time) - Calgary" in the subject line. All submissions will be treated as confidential.

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Step up the fancy appetizer factor: Tuna Tartare Layered with Avocado



ROSE REISMAN
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rosereisman.com or follow
her on Twitter @rosereisman

I have been served this exquisite appetizer in the top restaurants I have frequented.

I so badly wanted to create my own simple version. It is quick to prepare, elegant to serve, incredibly healthy and oh so delicious.

You can substitute the Mirin for a sake wine or rice wine vinegar with a little bit

Nutritional analysis

Per serving: 70 calories, 10 g protein, 1 g carbohydrates, 1 g fibre, 3 g total fat, 110 mg sodium

of added sugar.

1. Place tuna in a bowl along with soy sauce, Mirin, 1 1/2 tsp lemon juice, ginger, garlic, wasabi and sesame seeds. Let marinate in the refrigerator for a minimum of 15 minutes

Ingredients

- 8 oz raw sushi grade tuna finely diced
- 1 tbsp low sodium soy sauce
- 1 tbsp Mirin (sweet Chinese wine)
- 1 1/2 tsp lemon juice
- 1/2 tsp minced ginger
- 1/2 tsp minced garlic

- 1/4 tsp wasabi mustard
- 1 tsp toasted sesame seeds
- 1 small avocado finely diced (3/4 cup)
- 1/2 tsp lemon juice

Garnish

- 1/2 tsp toasted sesame seeds

Tuna Tartare Layered with Avocado



This recipe makes six appetizers. ROSE REISMAN

and up to 2 hours.

2. Toss the avocado with lemon juice to prevent discoloration.

3. With a quarter measuring cup, sprayed with vegetable oil, fill half way with one sixth of avocado, then one sixth of tuna. Press down firmly, then

carefully invert onto serving plate. Repeat with remaining tuna and avocado until you've made 6 individual apps. Garnish with sesame seeds.

Drink of the Week

Caribbean Breeze

Lounge poolside with a taste of the tropics as you sip this Caribbean Freeze with its robust grapefruit, pineapple and Angostura bitters flavours.

- 1.5 oz Belvedere Vodka
- 3 oz grapefruit juice
- 3 oz pineapple juice
- 3 dash Angostura bitters

Build over ice into a highball glass and garnish with a grapefruit wedge.

PHOTO AND RECIPE COURTESY OF BELVEDERE VODKA



Grape expectations

When temperatures rise, the idea of cooking loses its appeal. That's when salads like this Coastal Salad with Grapes and Shrimp come to the rescue.

This salad is rich but refreshing and the grapes are the key. Their juicy sweetness complement the flavour of the shrimp. Their crisp texture adds to the crunch of the celery and water chestnuts. And grapes have a tang that acts as a foil to the rich dressing.

Ingredients

- 1 lb large pink bay shrimp
- 1 cup seedless California grapes, quartered
- 1/2 cup chopped celery
- 1/2 cup chopped water chestnuts
- 2 each green onions, sliced, white and green parts kept separate
- 2 tbsp mayonnaise
- 2 tbsp dry sherry
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- Few drops toasted sesame oil
- Pinch dry mustard
- 1 tbsp sesame seeds



This recipe serves four. NEWS CANADA

Coastal Salad with Grapes and Shrimp is fit for a party on the patio with whatever is on the barbecue or by itself for a filling lunch. The salad can also be presented in a number of ways: the salad mixture can be mounded onto butter lettuce leaves, mixed with baby greens,

or for an especially rich treat, inside an avocado half.

1. In a medium bowl, combine the shrimp, grapes, celery, water chestnuts and the sliced whites of the green onion.

2. In a small bowl, combine the

mayonnaise, sherry, salt, pepper, sesame oil and dry mustard. Gently mix with shrimp and grape mixture.

3. Sprinkle with the sliced, green part of the onion and the sesame seeds. Refrigerate until ready to serve. NEWS CANADA

Lunch. Rotini Salad with Zucchini, Shrimp, Scallops and Mussels



1. Bring a large pot of water to a boil, season the water with salt and cook pasta 1 minute less than the required cooking time. Drain and toss with 1 tablespoon olive oil and place on sheet tray to cool down.

2. In a small pot, steam the mussels until they are opened, remove from shell and discard. Set aside.

3. Meanwhile, in a skillet, sauté garlic in 1 tablespoon olive oil until lightly yellow in colour. Add zucchini and sauté for 4 minutes, then season with salt and pepper to taste.

4. In a separate skillet, sauté scallops and shrimp in 1 tablespoon olive oil until lightly golden in colour. Season and set aside to cool down.

5. Once everything cools, combine all seafood with the pasta and zucchini. Toss to combine and add the remaining olive oil, lemon juice and parsley. Salt to taste. NEWS CANADA/BARILLA.CA

Ingredients

- Salt, to taste
- 1 box Barilla rotini
- 4 tbsp (50 ml) extra virgin olive oil
- 1/2 lb (227 g) mussels, steamed
- 1 clove garlic
- 3 zucchini sliced in half moons
- To taste black pepper
- 1/2 lb (227 g) scallops, diced
- 1/2 lb (227 g) shrimp, halved lengthwise
- 4 tbsp (50 ml) lemon juice
- 1 tbsp parsley, chopped

metro

CALGARY STAMPEDE

Wednesday, July 10, 2013



Canadian comedian Caroline Rhea hosts Family Feud Live at the Corral on the Stampede grounds throughout the 10-day event. CANDICE WARD/FOR METRO

It's time to play the feud, Calgary

CANDICE
WARD
For Metro

Feuding with your "family" in front of a large crowd is totally acceptable at the Calgary Stampede, if not encouraged.

Game show fans can unite at the Corral this year to take in, and possibly even participate in, Family Feud Live, one of North America's most well-known game shows.

But you won't be compet-

ing with your actual family — producers will screen 100 people to create two fun families of five to go head-to-head for cash prizes valued at more than \$1,000 per show.

"You can't choose your family in real life and you can't choose your family here," said Matthew Gaven, Family Feud Live executive producer.

"Families" will work together to beat the other team by guessing the answers

Details

- Showtimes for Family Feud Live are 1:30 p.m., 3:30 p.m., and 6:30 p.m. daily. A special performance will be held at 9:30 a.m. Wednesday.
- Each show last about 60 minutes. Contestants of the show must be 18 years or older. Entrance is free with gate admission to the Stampede.

to pre-selected survey questions.

This live version of the show is hosted by Canadian

comedian Caroline Rhea, whose resumé includes former host of The Biggest Loser, Aunt Hilda on Sabrina

the Teenage Witch, and host of Slice TV's Cakewalk: Wedding Cake Edition.

This is Rhea's first crack at hosting a game show and says she is loving every minute of it.

"I am a virgin host of Family Feud. But just because you have watched a show for years does not make it easy to do."

Rhea's wit and charm on stage make her the perfect fit for Family Feud Live, but she admits there is one part

of the show that she doesn't look forward to.

"I can't stand watching anyone lose. I can't stand that part."

Family Feud Live held a special celebrity edition Wednesday night, which featured Rick Campanelli (ET Canada), W. Brett Wilson (Dragon's Den), Mary Zilba (Real Housewives of Vancouver), and members from the Calgary Stampeders. All money raised went to charity.



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New thrills

The newest ride on the Calgary Stampede midway is guaranteed to take you to new heights.

Towering 37 metres over the grounds, Mach 3 is the newest addition to the North American Midway Entertainment lineup of thrill rides.

Mach 3 has two sets of two seats mounted at the end of each arm. Each four-seat assembly can swing 360 degrees and rotates 11 times back-to-back.

Metro asked riders to rate how scary the ride is on a scale from one to five and whether they would ride it again.

CANDICE WARD



Stampede-goers and thrill seekers can get their fill of excitement on Mach 3, this year's new midway ride. CANDICE WARD/FOR METRO



Jesse Palmer recently stopped by the Stampede for the first time. CANDICE WARD/FOR METRO

Crossing it off the bucket list

Jesse Palmer of Bachelor fame was in town recently for the Calgary Stampede, hitting up some hot spots.

Visiting the Stampede has always been on the bucket list of Palmer, 34, who said he is absolutely amazed with the city and its volunteers for making the event happen in light of the devastating flood.

"This is actually my first time here and I'm so excited to finally be here. It's always been a bucket list thing because I feel it's really such a marquee event in Canada — not just Calgary or Alberta, but across the country."

And Come Hell or High Water, he did.

"Amidst all the tragedy and everything that happened I'm just so amazed by the men and women who volunteered across this city — they did just such an amazing job," Palmer said.

"I can't say enough about the people of this city and I think it really speaks to the power of the human spirit and the people of Calgary."

KRISTA SYLVESTER



Marygrace Wall
Scare factor: 4.5 out of 5
Ride again: Yes
"I like the combination of spins and heights."



Jesse Edwards
Scare factor: 4 out of 5
Ride again: Yes
"I don't like spinny rides. This ride was exhilarating."



Conor Wall
Scare factor: 4.5 out of 5
Ride again: Yes



Nicholas Janzen
Scare factor: 3 out of 5
Ride again: Yes
"It was worth the price of tickets."



Katie Pearson
Scare factor: 4 out of 5
Ride again: No
"I like watching people scream but I would not ride it again."



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Dreams. Everyone wins with Stampede Lotteries

KRISTA SYLVESTER
For Metro

It's a dream come true for many in more ways than one.

The popular Stampede Lotteries provide fair-goers an opportunity to win some great prizes while raising money for various charitable organizations, which is a win-win situation for everyone, according to Wheel Committee chairman John Macinnis.

"Even the people that don't win feel like winners because they know they're helping out for a good cause," Macinnis said. "This year there are really great prizes and there's something for everyone."

While some of the lottery proceeds are used for operational costs, most of the funds go to a group of charitable organizations through four partners — The Rotary Club of Calgary South, the Kinsmen Club of Calgary, the Calgary Stampede Founda-

Partial list of prizes	
• Rotary Dream Home —	\$750,000
• GMC Sierra pickup truck and fifth-wheel —	\$164,707
• Bow Rider sport boat and Sierra duo —	\$124,825
• Harley-Davidson motorcycle —	\$39,925
• Camaro ZL1 —	\$64,333

tion, and the Calgary Marching Showband Association. The Stampede Lotteries have been a crucial part of the Stampede for more than 60 years now.

"The prizes are really a huge input into the community and we generate a lot of income from that and we're really proud to put it back into the community. It also gives people the opportunity

to win something that you wouldn't normally invest in — most people don't drop that kind of cash, but all you have to do is spend \$20 bucks to have a shot at something you wouldn't normally think of buying."

Macinnis says the best part about the Stampede Lotteries, besides helping out so many organizations, is making calls to the winners.

"And that's one of the best parts. When it's all over we get to make the calls and you enjoy telling someone and you get to share in their joy."

Among the prizes this year is the 2,330-square-foot Rotary Dream Home built by Homes by Avi, worth more than \$750,000, which will be located in the community of Chaparral Valley. This year's prizes, which also includes two luxury vacations, are worth more than \$1.2 million combined.

For more, visit calgarystampedelotteries.ca. Winners will be announced July 17.



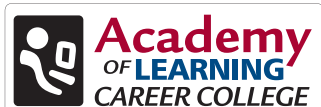
Ashley Bridger and Eric Bettcher pick up tickets for the Rotary Dream Home. CANDICE WARD/FOR METRO

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Don't sleep on this popular act

Coca-Cola stage. Hypnotist Terry Stokes has been entertaining Stampede crowds for 37 years

KRISTA SYLVESTER
For Metro

Terry Stokes isn't nearly as old as the Stampede, but he has been performing at it for almost as long — 37 years to be exact.

And although the charismatic and popular hypnotist recently pondered retiring, it was the thought of the Calgary Stampede that enticed him to continue. Now he says he has never been more proud to be an honorary Calgarian.

"Well, I heard about the flood and I came down early to see if I could help," Stokes said. "And just watching the mayor and the people all come together was just so inspiring. I think the story of what happened here should be told worldwide. Just

watching everyone put their city back together has been truly amazing."

Stokes says one of his favourite places to perform is at the Calgary Stampede and plans to keep coming back as long as he is invited.

"I actually considered retiring this year, but I thought if I did that I'll miss the Stampede — it's the best party of the year," Stokes said.

"And I love the theme of this year's Stampede because my biggest fear was that the Stampede wouldn't go on, and I know it's such a financial boom for the city and the spirit. But you guys really did it."

Stokes has become a staple of the Coca-Cola stage, performing in front of hundreds, if not thousands, of entertained guests.



Hypnotist Terry Stokes thrills crowds at the Coca-Cola stage with his family-friendly act. CANDICE WARD/FOR METRO

"I have so much fun doing it. Believe it or not, I have people come up that were in my show 25 years ago. I have

fun and it never gets boring for me so it never gets boring for them. I might do some of the same material but I add

new stuff every show. It's unscripted so I just make it up as I go."

Stokes performs daily sev-

eral times on the Coca-Cola stage until the end of the Stampede. For a schedule, visit calgarystampede.com.

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QB Tate's status in Friday's game vs. Als still uncertain

CFL. Strained throwing arm appears to be bugging 27-year-old as he is limited in Stamps' practice once again

Drew Tate's status for an upcoming game against the Montreal Alouettes remained unclear, as the Calgary Stampeders quarterback didn't throw the football in practice for a second straight day.

Tate was diagnosed with a strained forearm muscle in his throwing arm on the weekend. He did not finish last Friday's 36-21 loss to the Saskatchewan Roughriders, leaving with about five minutes remaining in the game.

The Alouettes host Calgary on Friday.

Tate was on the field for practices Monday and Tuesday, but backup Kevin Glenn took snaps both days. Tate continued to practise footwork and simulate a throwing action without the football Tuesday.

"It's still sore," Stampeders coach and general manager John Hufnagel said of his quarterback's arm. "Nothing has improved to a point where he can throw yet."

"If he's throwing the ball tomorrow effectively, then he'll play."

Calgary and Montreal both opened the season 1-1.

Tate said he felt less pain in his arm than he had the previous day.

THE CANADIAN PRESS



Stampeders QB Drew Tate throws a pass in the first quarter of last Friday's game against the Roughriders. Tate was on the field for Tuesday's practice at McMahon Stadium but didn't throw any passes. LIAM RICHARDS/THE CANADIAN PRESS

Patently waiting

"Still day-to-day, I guess.... That's all I can do. Wake up every morning, hope it feels better, get some treatment and come out here and have a good practice."

Calgary Stampeders quarterback Drew Tate, on his ongoing recovery from a strained forearm that could keep him out of Calgary's next game.

Eskimos RB Charles named top offensive player



Hugh Charles was named offensive player of the week. COURTESY CFL

Hugh Charles is the CFL's offensive player of the week after helping the Edmonton Eskimos to their first win of the season.

Charles rushed for 119 yards on 11 carries, including a 70-yard run for a touchdown to help the Eskimos defeat the Hamilton Tiger-Cats 30-20 on Sunday.

Charles also caught three passes for 27 yards, including a 13-yard touchdown.

In other awards, Winnipeg lineman Bryant Turner is the defensive player of the week, Saskatchewan kick returner Jock Sanders takes top special teams honours, and B.C. running back Andrew Harris is the top Can-

adian.

Turner led the Blue Bombers defence with five tackles, including three sacks, and forced a fumble in Winnipeg's 19-11 win over Montreal on Thursday as star Alouettes quarterback Anthony Calvillo was limited to only 121 yards through the air in the game.

Sanders returned four kickoffs for 100 yards and six punts for 74 yards to help the Roughriders defeat the Calgary Stampeders 36-21 on Friday.

Harris had 15 carries for 103 yards and scored a touchdown in the Lions' 24-16 win over Toronto on Thursday.

THE CANADIAN PRESS

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4
SPORTS

Top blue-liners highlight HOF class

Hockey. Niedermayer, Chelios amongst five-member class to be inducted in November

Scott Niedermayer and Chris Chelios won four Norris Trophies and seven Stanley Cups between them, becoming two of the elite NHL defence-men of their era.

Chelios needed a "lucky break" or two to make it from improbable beginnings in Chicago, while Niedermayer always seemed destined to be a star. They shared the spotlight Tuesday, headlining the 2013 class of the Hockey Hall of Fame.

Niedermayer and Chelios made it in their first year of eligibility. They'll be inducted with forward Brendan Shanahan, Team Canada defenceman Geraldine Heaney and coach Fred Shero.

"I was part of one era,

Chelios' challenge



played in the NHL."

Chris Chelios, who had trouble making teams as a teenager and moved with his family from Chicago to San Diego before finally getting an opportunity with the Moose Jaw Canucks at age 17.

I think Chris has probably been part of a few," Niedermayer joked. "The one thing that I do remember playing against Chris was he was one of the toughest guys to play against, even as a defenceman. He was always giving me a hard time on the ice, making life miserable. Hopefully in November it's not the same when we get to Toronto."

Niedermayer had 172 goals and 568 assists in 1,263

games and won four Stanley Cups, three with the New Jersey Devils and one with the Anaheim Ducks. He won the Norris Trophy in 2003-04 and the Conn Smythe with Anaheim in 2007.

"He made it look so easy," Chelios said of Niedermayer. "I have all the respect in the world for Scott playing against him."

Chelios wound up playing 23 full seasons and parts of three more, winning the Norris Trophy three times.

Shanahan recorded 656 goals and 698 assists and won three Stanley Cups and an Olympic gold medal.

Heaney, already in the International Ice Hockey Federation Hall of Fame, becomes the third female player elected to the Hockey Hall of Fame.

Fred Shero, who died in 1990, won two cups as coach of the expansion-era Philadelphia Flyers.

THE CANADIAN PRESS



Jays slip up in Cleveland

Indians shortstop Asdrubal Cabrera jumps after forcing out the Blue Jays' Maicer Izturis at second base on Tuesday night in Cleveland. Ubaldo Jimenez and three relievers combined on a shutout and the Indians defeated the Blue Jays 3-0 in the series opener. JASON MILLER/GETTY IMAGES

Aaron Hernandez

Man says ex-NFL star admitted to killing victim

Documents show a man linked to the murder case against former New England Patriots tight end Aaron Hernandez told police Hernandez admitted firing the fatal shots.

Carlos Ortiz reportedly told Massachusetts investigators that another man, Ernest Wallace, said Hernandez admitted shooting Odin Lloyd in an industrial park near Hernandez's Massachusetts home.

The documents were filed in court by the Miramar, Fla., police department to justify a search of Wallace's home in that city.

The documents also say that while investigating Lloyd's killing, police did searches in Bristol, Conn., that turned up a vehicle wanted in connection with a July 2012 double homicide in Boston.

Police say the vehicle had been rented in the name of Hernandez.

THE ASSOCIATED PRESS

NBA

Raptors bringing Hansbrough to Toronto, reports say

The Toronto Raptors signed physical power forward Tyler Hansbrough to a multi-year contract on Tuesday, according to multiple reports.

The deal isn't expected to be announced until Wednesday when NBA teams can officially sign players after the league's moratorium on player business and next season's salary cap is set.

Hansbrough became an unrestricted free agent when the Indiana Pacers opted not to re-sign the 27-year-old after four seasons with the club. He averaged 8.9 points and 4.7 rebounds over those four years. THE CANADIAN PRESS



Tyler Hansbrough GETTY IMAGES

UFC. Jones chalks up Silva's upset loss to karma

At first, Jon 'Bones' Jones put it down to the "war gods." Then, upon further review, he pointed the finger at karma.

Either way someone made Anderson 'The Spider' Silva pay for disrespecting Chris 'The All-American' Weidman in the cage Saturday night, according to Jones.

Silva's loss has proved to be Jones' gain.

The UFC's light-heavyweight champion has taken over as No. 1 in the MMA organization's pound-for-pound fighter rankings in the wake of Silva's upset loss to Weidman.

Silva, an icon in the sport who had won all 16 of his previous UFC fights, fell off his pedestal with a thud after clowning his way to a loss.

As he has done in previous fights, the Brazilian middleweight champion dropped his hands and invited his opponent to hit him. This time, the 38-year-old Silva's reflexes failed him and Weidman connected, felling him before finishing him off on the ground with a few blows.

Jones managed to praise and bury Silva at the same time when the topic came up at Tuesday's news conference to promote his September UFC 165 title defence in Toronto



Jon 'Bones' Jones THE CANADIAN PRESS

against Sweden's Alexander 'The Mauler' Gustafsson.

"I think that Anderson Silva is a magnificent fighter. I think that he has an extraordinary gift," Jones said. "I think he's got to the point where he really believes in his gift and he's comfortable with his gift."

"And he abuses his gift. He disrespected the gift by disrespecting his opponent."

Jones, 25, noted that martial arts is built around honour, integrity and treating people with respect. Jones is coming off a first-round win over Chael Sonnen at UFC 159 in April during which he broke his big toe.

THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	54	37	.593	—
Tampa Bay	51	40	.560	3
Baltimore	49	42	.538	5
New York	48	42	.533	5½
Toronto	43	46	.483	10

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	49	40	.551	—
Cleveland	47	43	.522	2½
Kansas City	43	44	.494	5
Minnesota	37	50	.425	11
Chicago	35	52	.402	13

WEST DIVISION

	W	L	Pct	GB
Oakland	54	37	.593	—
Texas	53	37	.589	½
Los Angeles	43	46	.483	10
Seattle	40	49	.449	13
Houston	32	58	.356	21½

Tuesday's results

Cleveland 3 Toronto 0
Chicago White Sox 11 Detroit 4

Kansas City 3 N.Y. Yankees 1

Texas 8 Baltimore 4

Tampa Bay 4 Minnesota 1

Boston at Seattle

Monday's results

Seattle 11 Boston 4

Kansas City 5 N.Y. Yankees 1

Texas 8 Baltimore 5

Tampa Bay 7 Minnesota 4

Chicago Cubs 8 Chicago White Sox 2

Detroit 4 Cleveland 2 (10 inn.)

Wednesday's games

All times Eastern

Texas (Lindblom 1-2) at Baltimore (Chen 3-3), 7:05 p.m.

Kansas City (Davis 4-7) at N.Y. Yankees (Nova 3-2), 7:05 p.m.

Toronto (Rogers 3-4) at Cleveland (Masterson 10-7), 7:05 p.m.

Chicago White Sox (Axelrod 3-5) at Detroit (Porcello 5-6), 7:08 p.m.

Minnesota (Correia 6-6) at Tampa Bay (Hellickson 8-3), 7:10 p.m.

Boston (Doubront 5-3) at Seattle (Harang 4-7), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	52	38	.578	—
Washington	46	44	.511	6
Philadelphia	45	46	.495	7½
New York	38	48	.442	12
Miami	32	57	.360	19½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	54	34	.614	—
Pittsburgh	53	36	.596	1½
Cincinnati	50	40	.556	5
Chicago	40	48	.455	14
Milwaukee	37	52	.416	17½

WEST DIVISION

	W	L	Pct	GB
Arizona	47	42	.528	—
Los Angeles	43	45	.489	3½
Colorado	43	47	.478	4½
San Francisco	40	48	.455	6½
San Diego	40	50	.444	7½

Tuesday's results

Oakland 2 Pittsburgh 1
Philadelphia 4 Washington 2

St. Louis 9 Houston 5

Atlanta 6 Miami 4

Chicago Cubs 7 L.A. Angels 2

Milwaukee 2 Cincinnati 0

L.A. Dodgers at Arizona

Colorado at San Diego

N.Y. Mets at San Francisco

Monday's results

Oakland 2 Pittsburgh 1

Philadelphia 3 Washington 2

Colorado 4 San Diego 2

Atlanta 7 Miami 1 (14 inn.)

Milwaukee 4 Cincinnati 3

L.A. Dodgers 6 Arizona 1

N.Y. Mets 4 San Francisco 3 (16 inn.)

Wednesday's games — All times Eastern

Atlanta (Maholm 9-7) at Miami (Turner 2-1), 12:40 p.m.

Cincinnati (Leake 7-4) at Milwaukee (Hellerweg 0-2), 2:10 p.m.

N.Y. Mets (Wheeler 2-1) at San Francisco (Cain 5-5), 3:45 p.m.

Oakland (Milone 8-7) at Pittsburgh (Liriano 8-3), 7:05 p.m.

Washington (Gonzalez 6-3) at Philadelphia (Lee 10-2), 7:05 p.m.

L.A. Angels (Wilson 8-6) at Chicago Cubs (Samardzija 5-8), 8:05 p.m.

Houston (Lyles 4-3) at St. Louis (Miller 9-6), 8:15 p.m.

L.A. Dodgers (Ryu 7-3) at Arizona (Skaggs 2-1), 9:40 p.m.

Colorado (De La Rosa 8-5) at San Diego (Cashner 5-4), 10:10 p.m.

CFL

EAST

	GP	W	L	T	PF	PA	Pt
Winnipeg	2	1	1	0	52	49	2
Montreal	2	1	1	0	49	52	2
Toronto	2	1	1	0	55	58	2
Hamilton	2	0	2	0	54	69	0

WEST

	GP	W	L	T	PF	PA	Pt
Saskatchewan	2	2	0	0	75	39	4
Calgary	2	1	1	0	65	68	2
B.C.	2	1	1	0	56	60	2
Edmonton	2	1	1	0	48	59	2

Thursday's game — All times Eastern

Saskatchewan at Toronto, 7:30 p.m.

Friday's game

Calgary at Montreal, 7:30 p.m.

Saturday's games

Winnipeg at Hamilton, 6:30 p.m.

B.C. at Edmonton, 9:30 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Montreal	9	4	4	31	25	31
Kansas City	8	5	6	26	19	30
New York	8	7	4	25	24	28
Philadelphia	7	6	6	29	27	27
Houston	7	6	5	20	18	26
New England	6	5	6	21	14	24
Columbus	6	8	5	23	23	23
Chicago	6	8	3	19	25	21
Toronto	2	8	7	17	24	13
D.C.	2	13	4	8	29	10

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Salt Lake	10	5	4	29	18	34
Dallas	8	4	7	27	24	31
Los Angeles	9	7	3	29	22	30
Portland	7	2	9	28	17	30
Vancouver	8	5	5	29	25	29
Colorado	7	7	6	23	22	27
Seattle	7	6	3	21	19	24
San Jose	5	9	6	20	32	21
Chivas USA	3	10	5	16	32	14

Note: 3 points for victory, 1 point for tie.

Friday's game — All times Eastern

Chivas USA at Philadelphia, 7:30 p.m.

Saturday's games

Montreal at New York, 7 p.m.

Houston at New England, 7:30 p.m.

Toronto at Kansas City, 8:30 p.m.

Salt Lake at Dallas, 9 p.m.

Seattle at San Jose, 10:30 p.m.

Los Angeles at Portland, 11 p.m.

The 2014 Chevy Silverado

Review. Chasing the Ford 150 means adding in more of everything that truckers want

MALCOLM GUNN
wheelbasemedia.com

In pickup parlance the chase isn't just on, it never really stops. With the arrival of the 2014 Chevrolet Silverado, the pace is definitely quickening.

In 2012, 265,000 domestic and foreign-based 1500, 2500 and 3500-series pickups were sold in Canada and 40 per cent belonged to Ford. GM's Silverado/Sierra models came second place, ahead of Chrysler's Ram and well ahead of the Toyota Tundra and Nissan Titan.

With the all-new Silverado 1500-series, Chevrolet appears to have done its homework and paid close attention to what buyers are looking for to haul and tow their stuff. There are more powerful engines as well as improvements and upgrades in nearly every other category you could imagine.

Behind the tailgate, the handy Corner Step bumper has recessed footholds that, combined with built-in handholds inside the box, make accessing the bed much easier. The dashboard and control panel that houses the optional eight-inch touch screen are positioned in a tidy pod for easy viewing and all of the oversized knobs and switches are work-glove-friendly and clearly marked.

All body styles — regular,



ALL PHOTOS WHEELBASEMEDIA.COM

extended Double Cab (now featuring front-hinged rear doors with outside handles) and four-door Crew Cab — are attached to a reworked frame with more high-strength steel, extra bracing for stiffness and improved body mounts that help isolate road noise and vibration. The revised suspension places the wheels on each axle farther apart with a goal to improve overall ride and stability.

For 2014, Chevrolet has made a few changes to the Silverado's box size/cab combinations. Now you can order the Crew Cab with a longer 80-inch (200-centimetre) bed as well as the standard 68-inch (175-centimetre) version.

Perched between the frame rails is a choice of three new all-aluminum cam-in-block engines. The entry point is a

4.3-litre V6 that features the same displacement as the previous V6, but the output has significantly increased to 285 horsepower and 305 pound-feet of torque from 195/260. Optional is a 5.3-litre V8 with 355 horses and 383 pound-feet on tap, up from 315/335.

Later in the model year they'll be joined by an available 6.2-litre V8 rated at 420 horsepower and 440 pound-feet of torque, which shares its parts with the new Corvette sports car V8. Chevrolet also likes to point out that it has increased performance and reduced fuel consumption across the line without resorting to complex (and expensive) turbo-charging. That's a direct shot at the Ford F-Series and its "Ecoboost" V6.

Of course you can order your Silverado as a stripped-

Fuel economy

The transmission for all is a six-speed automatic. The result, at least for the more muscular V6, is a significant fuel economy improvement in city and highway driving (best guess of 12.0 l/100 km in the city and 7.8 on the highway, compared to 14.1/10.0 for the previous V6).

down, rubber-matted V6 work rig with a \$27,150 sticker, or head all the way up to the new and thoroughly tricked-out High Country 4x4 with a correspondingly high list price. It's a brand new trim level designed to keep well-to-do

Compare

1 Ford F-150
Base price: \$21,650

2 Ram 1500
Base price: \$28,700

Direct injection

All three powerplants feature direct injection, which tailors the fuel load for the task at hand. They also have continuously variable valve timing (which allows in more fuel and air depending on the power needs) and cylinder deactivation that cuts off up to half the cylinders in light load and cruise situations.

ranchers driving in the lap of luxury.

Whichever pickup matches your needs, know that Chevrolet has made the right changes for a more refined and fuel-efficient Silverado to keep pace with Ford.

5 DRIVE

BUILT FOR SPEED. AND SECOND DATES.



MODEL SHOWN: CIVIC TOURING

2013 CIVIC DX

LEASE FOR APR
\$89[#] @ 2.99%[£]

BI-WEEKLY FOR 60 MONTHS
MSRP \$16,935* (INCLUDES FREIGHT & PDI)

- INTELLIGENT MULTI-INFORMATION DISPLAY (I-MID)
- HANDSFREELINK™ – BILINGUAL BLUETOOTH® WIRELESS MOBILE PHONE INTERFACE
- ILLUMINATED STEERING WHEEL-MOUNTED AUDIO, CRUISE, I-MID AND PHONE CONTROLS
- USB DEVICE CONNECTOR
- 4-WHEEL ANTI-LOCK BRAKING SYSTEM (ABS) WITH ELECTRONIC BRAKE DISTRIBUTION (EBD) AND BRAKE ASSIST

CIVIC 15 The best selling car in Canada for 15 years running.

DOWN PAYMENT
\$0

DON'T PAY FOR 90 DAYS
Finance offers only*



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HondaAlbarta.ca

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VILLAGE HONDA
7663 110 Avenue NW
403 239 3900

HONDA WEST
55 Glenbrook Place SW
403 249 9100

T&T HONDA
888 Meridian Road NE
403 291 1444

OKOTOKS HONDA
100 Northgate Blvd
403 842 1100

AIRDRIE HONDA
2971 Main Street SW
403 945 8808



#Limited time lease offers based on new 2013 Honda models. Lease examples based on a new 2013 Civic DX, model FB2E2DEX, available through Honda Financial Services on approved credit. £2.99% lease APR for 60 months. Bi-weekly payment, including freight and PDI, is \$89.00. Down payment of \$0, environmental fees, \$0 security deposit and first monthly payment due at lease inception. Total lease obligation is \$11,570.00. Taxes, license, insurance, environmental fees and registration are extra. 120,000 kilometre allowance; charge of \$0.12/km for excess kilometres. Retailer may lease for less. Retailer order/trade may be necessary. *MSRP is \$16,935.00 for a new 2013 Civic DX, model FB2E2DEX, and includes \$1,495.00 freight and PDI. Taxes, license, insurance, environmental fees and registration are extra. Retailer may sell for less. Retailer order/trade may be necessary. *Offer applies to all new finance contracts with Honda vehicles RDR'd between July 2nd, 2013 and July 31, 2013. Monthly payments are deferred for 90 days and contracts will be extended accordingly. Interest charges will not accrue during the first 60 days of the contract. After 60 days, interest starts to accrue and the purchaser will be required to repay the principal and interest monthly over the term of the contract. #E/Z/* Offers valid from July 1, 2013 through July 31, 2013 at participating Honda retailers. Offers valid only for Alberta residents at Honda Dealers of Alberta locations. Offers subject to change or cancellation without notice. Visit HondaAlbarta.ca or see your Honda retailer for full details.



DODGE
CARAVAN KIDS
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Less Fuel. More Power. Great Value is a comparison between the 2013 and the 2012 Chrysler Canada product lineups. 40 MPG or greater claim (7.0 L/100 km) based on 2013 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See dealer for additional EnerGuide details. 2013 Dodge Dart AERO – Hwy: 4.8 L/100 km (59 MPG) and City: 7.3 L/100 km (39 MPG). 2013 Civic Touring 1.8 L 16-valve, SOHC, i-VTEC® 4-cylinder Automatic – Hwy: 5.0 L/100 km (56 MPG) and City: 6.2 L/100 km (45 MPG). 2013 Elantra 1.8 L Dual CVT DOHC 16V Engine Automatic – Hwy: 5.2 L/100 km (54 MPG) and City: 7.2 L/100 km (39 MPG). 2013 Corolla 1.8 L 4-cylinder DOHC 16V VVT-i 4-cylinder Engine Manual – Hwy: 5.6 L/100 km (50 MPG) and City: 7.4 L/100 km (38 MPG). 2013 Focus S 2.0 L Ti-VCT GDI I-4 Manual – Hwy: 5.5 L/100 km (51 MPG) and City: 7.8 L/100 km (38 MPG). Wise customers read the fine print: •, †, ‡. \$ The Trade In Trade Up Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating dealers on or after July 3, 2013. Offers subject to change and may be extended without notice. See participating dealers for complete details and conditions. Pricing includes freight (\$1,595–\$1,695) and excludes licence, insurance, registration, any dealer administration fees, other dealer charges and other applicable fees and taxes. Dealer order/trade may be necessary. Dealer may sell for less. •\$16,998 Purchase Price applies to the new 2013 Dodge Dart SE (25A) only. ‡3.49% purchase financing for up to 96 months available on the new 2013 Dodge Dart SE (25A) model to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of \$16,998 financed at 3.49% over 96 months with \$0 down payment, equals 208 bi-weekly payments of \$94 with a cost of borrowing of \$2,495 and a total obligation of \$19,493. 10.0% purchase financing for 36 months available on the new 2013 Dodge Dart SE (25A) to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance on 2012/2013 Jeep Compass, Patriot and 2013 Dodge Dart models. Example: 2013 Dodge Dart SE (25A) with a Purchase Price of \$16,998, with a \$0 down payment, financed at 0.0% for 36 months equals 78 bi-weekly payments of \$217.92, cost of borrowing of \$0 and a total obligation of \$16,998. \$2013 Dodge Dart GT shown. Limited availability. **Based on 2013 Ward's upper small sedan costing under \$25,000. †Competitors' information obtained from Autodata, EnerGuide Canada and manufacturer's website as of May 14, 2013. ‡The SiriusXM logo is a registered trademark of Chrysler Group LLC.

SCAN HERE
FOR MORE GREAT OFFERS



TRADE IN IBWDE NB

SUMMER CLEARANCE EVENT



2013 Dodge Dart GT shown.†

TRADE UP TO 59 MPG HWY



ALL-NEW 2013 DODGE DART

THE MOST TECHNOLOGICALLY ADVANCED VEHICLE IN ITS CLASS**

\$16,998*

PURCHASE PRICE INCLUDES FREIGHT.

FINANCE
FOR

\$94 @ 3.49%

BI-WEEKLY

FOR 96 MONTHS
WITH \$0 DOWN
INCLUDES FREIGHT.

ALSO AVAILABLE

0%†

FOR
36 MONTHS

	2013 DODGE DART	2013 CIVIC*	2013 ELANTRA*	2013 COROLLA*	2013 FOCUS*
BEST AVAILABLE HIGHWAY FUEL ECONOMY*	59 MPG	56 MPG	54 MPG	50 MPG	51 MPG
STANDARD AIR BAGS	10	6	6	6	7
LARGEST AVAILABLE TOUCH-SCREEN DISPLAY	8.4 INCHES	< 7 INCHES	< 7 INCHES	< 7 INCHES	8 INCHES
TOTAL PASSENGER ROOM (L)	2752.4	2678.0	2707.0	2568.0	2568.0
4-WHEEL DISC BRAKES	STD	AVAIL	STD	N/A	AVAIL
7-INCH TFT DISPLAY	AVAIL	N/A	N/A	N/A	N/A
PROJECTOR HEADLAMPS	STD	N/A	N/A	N/A	N/A

dodge.ca/dart

LESS FUEL. MORE POWER. GREAT VALUE.

10 VEHICLES WITH 40 MPG HWY OR BETTER.





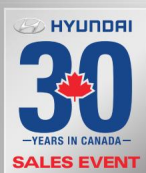
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Vehicles packed with features at the price you want.



0% FINANCING FOR UP TO **96 MONTHS** OR GET UP TO **\$10,000** IN PRICE ADJUSTMENTS

ON SELECT MODELS

WE HAVE OVER 330 NEW AND 850 USED VEHICLES AVAILABLE!



**2013 ACCENT
5 DR GL**

HWY: 5.3L/100 KM
CITY: 7.1L/100 KM
5 YEAR WARRANTY

AIR CONDITIONING, HEATED FRONT SEATS, HEATED DOOR MIRRORS, FRONT ACTIVE HEADRESTS, FRONT, SIDE & CURTAIN AIRBAGS, POWER WINDOWS & DOOR LOCKS, AM/FM/CD/MP3/USB/iPod® AUDIO SYSTEM WITH STEERING WHEEL AUDIO CONTROLS

CH097716



2012 BEST NEW SMALL CAR (UNDER \$21K)

OWN IT FOR \$83 BI-WEEKLY WITH **0% FINANCING FOR 96 MONTHS** INCLUDES **\$200 IN PRICE ADJUSTMENTS** **SELLING PRICE: \$17,144** **NO MONEY DOWN**



2013 VELOSTER

HWY: 5.3L/100 KM
CITY: 7.5L/100 KM
5 YEAR WARRANTY

AIR CONDITIONING, 7" TOUCHSCREEN MULTIMEDIA SYSTEM WITH REARVIEW CAMERA, REAR PARKING ASSIST, HEATED FRONT SEATS, 3RD DOOR FOR PASSENGER ACCESS, SIRIUS XM RADIO WITH BLUETOOTH HANDS FREE PHONE SYSTEM

CH147998



2012 BEST NEW DESIGN & 2012 BEST NEW SPORTS/PERFORMANCE CAR (UNDER \$50K)

OWN IT FOR \$99 BI-WEEKLY WITH **0% FINANCING FOR 96 MONTHS** INCLUDES **\$600 IN PRICE ADJUSTMENTS** **SELLING PRICE: \$20,594** **NO MONEY DOWN**



**2013 SANTA FE
2.4L FWD**

HWY: 6.7L/100 KM
CITY: 10.1L/100 KM
5 YEAR WARRANTY

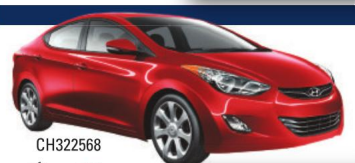
AIR CONDITIONING, 7 AIRBAGS, SIRIUS XM RADIO WITH BLUETOOTH HANDS FREE PHONE SYSTEM, VEHICLE STABILITY MANAGEMENT W/ESC & TRACTION CONTROL, HEATED FRONT SEATS, FOG LIGHTS, ACTIVE ECO SYSTEM

CH040081



2013 CANADIAN UTILITY VEHICLE OF THE YEAR

OWN IT FOR \$145 BI-WEEKLY WITH **1.99% FINANCING FOR 96 MONTHS** INCLUDES **\$500 IN PRICE ADJUSTMENTS** **SELLING PRICE: \$27,759** **NO MONEY DOWN**



**2013 ELANTRA
GL**

HWY: 5.2L/100 KM
CITY: 7.1L/100 KM
5 YEAR WARRANTY

6 AIRBAGS, AIR CONDITIONING, iPod®/USB/AUXILIARY INPUT JACKS, POWER WINDOWS & DOOR LOCKS, SIRIUS XM RADIO WITH BLUETOOTH HANDS FREE PHONE SYSTEM & STEERING WHEEL AUDIO CONTROLS, CRUISE CONTROL, HEATED FRONT SEATS

CH322568



2012 CANADIAN AND NORTH AMERICAN CAR OF THE YEAR

OWN IT FOR \$92 BI-WEEKLY WITH **0% FINANCING FOR 96 MONTHS** INCLUDES **\$750 IN PRICE ADJUSTMENTS** **SELLING PRICE: \$19,094** **NO MONEY DOWN**

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metro

30

metronews.ca
Wednesday, July 10, 2013

Put your best foot forward behind the wheel

Driving force. Heels, work boots and flip flops pose different — but equally dangerous — problems while driving any vehicle



Heels can cause accidents. PROVIDED

JIL
MCINTOSH
drive@metronews.ca

It's likely you have shoes for specific purposes: for walking, for working out, for dressing up. But do you wear the right shoes for driving? The wrong shoe can affect the way you drive, and possibly even be dangerous, according to Tammy Ezer, director of marketing for InsuranceHotline.com.

"The best driving shoes are flat, comfortable and with a thin sole," Ezer says. "If you're wearing high heels with a platform, there's a lot of space between the bottom of your foot and the pedal. You might go to hit the brake and miss, or hit

the gas, and that's critical."

With high heels, there's a tendency to press the pedals with just the tips of the toes, which may not provide enough force if you have to slam on the brakes in an emergency situation. A thin heel may also get caught in a carpeted floor mat, impeding your motion.

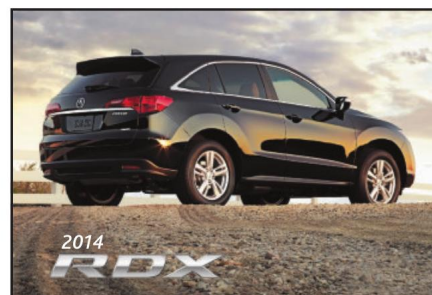
Women's dress shoes aren't the only offenders. It's important to get "feedback" from the pedals: through your shoe and foot, you should be able to feel how firmly you're pushing the pedal, or feel vibrations that

indicate how hard you're braking.

Golf shoes or work boots may be too firm to provide this. "A steel-toed boot is heavy," Ezer says. "You could be putting more pressure on the pedal because the boot is heavy at the front." Flip-flops pose a special hazard, because they don't fit firmly on the foot. As you move from the throttle to the brake, this floppy shoe could slip under the pedal and get trapped, drastically reducing your ability to press the brake pedal.

Anything that gets in the way of the pedals can be an issue. Make sure that long skirts, scarves or other loose clothing can't get caught and prevent you from braking.

If you wear fashionable footwear that could affect your driving, keep a spare pair of flat, thin-soled shoes in the car, and change into them when you're getting behind the wheel. "You can say your shoe got caught, but that's not going to help," Ezer warns. "If your footwear causes an accident, you're responsible."



**LAUNCH INTO
SUMMER EVENT**

The 273 HP V6 2014 RDX.

Efficient high performance doesn't have to be optional.

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\$7,400 DOWN PAYMENT

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\$2,500* CASH PURCHASE INCENTIVE

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ACURA
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*Lease offer is available through Acura Financial Services Inc. on approved credit. 2014 RDX 6-speed automatic (Model TB4H3EJN) leased at 2.9% APR for 36 months. Monthly payment is \$368 (includes \$1,945 freight & PDI), with \$7,400 down payment. First monthly payment, \$100 excise tax, \$20 new tire surcharge, \$6.25 AMVIC fee and \$0 security deposit due at lease inception. Total lease obligation is \$20,774.25. Option to purchase at lease end for \$25,125.90 plus taxes. 60,000 kilometre allowance; charge of \$0.15/km for excess kilometres. GST, license, insurance and registration are extra. \$2,500 Acura cash purchase incentive is available on all new 2014 RDX models. Savings will be deducted from the negotiated price before taxes. Acura cash purchase incentive cannot be combined with special lease or finance offers. **Effective APR taking into account cash incentives waived for lease customers. Retailer may lease/sell for less. Retailer order/trade may be necessary. Vehicle shown for illustration purposes only. Offer is only valid for Alberta residents at Alberta Acura retailers until July 31, 2013. See your Calgary Acura retailer for full details. AMVIC LICENSEES

FOR INFORMATION ONLY.
RDX MODEL TB4H3EJN

5.90%^{††}

EFFECTIVE LEASE APR
FOR 36 MONTHS



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Horoscopes

Aries

March 21 - April 20

If someone starts looking into your private affairs then you have every right to tell them to mind their own business. Don't be too forceful though or they may think you have something to hide and look even more.

Taurus

April 21 - May 21

You are in a restless mood at the moment and it's unlikely you will be in the same place when the Sun goes down. For some reason, your surroundings no longer excite you.

Gemini

May 22 - June 21

You will be in a charitable mood today and there is nothing wrong with that, but if you are going to give money away make sure it is to genuinely worthy causes.

Cancer

June 22 - July 23

You may not be able to explain the way you feel but that's probably no bad thing. If you dwell too much on your emotions today, you won't get much work done. Make sure your head rules your heart.

Leo

July 24 - Aug. 23

It seems you don't know whether to control your desires or indulge them. From past experience, you know that if you hold back, you are likely to regret it later on. Have fun.

Virgo

Aug. 24 - Sept. 23

You may want to sit on the fence in some kind of domestic dispute but the planets won't let you. Like it or not, you have to choose sides and hope it all works out amicably in the end. Don't worry, it will.

Libra

Sept. 24 - Oct. 23

Take your pleasures where you find them and don't worry that some of those you live and work with don't seem able to get much joy out of life. You can't change their outlook.

Scorpio

Oct. 24 - Nov. 22

Things are going so well for you at the moment that you may be a bit worried. Will fate turn round and slap you down? No. Though if you start thinking that way, you increase the chances of it occurring.

Sagittarius

Nov. 23 - Dec. 21

Why are you letting minor matters assume major importance, at least in your mind? Whatever the reason you need to snap out of it — not later but right now.

Capricorn

Dec. 22 - Jan. 20

You may be the kind of person who prefers the tried and trusted. But the more you chop and change and move around today, the more fun you will have. If travelling on your own, you won't be alone for long.

Aquarius

Jan. 21 - Feb. 19

It's good that you are easygoing and it's good that you like to help people but don't forget that not everyone thinks and feels the same way. Be on your guard today as someone may try to cheat you.

Pisces

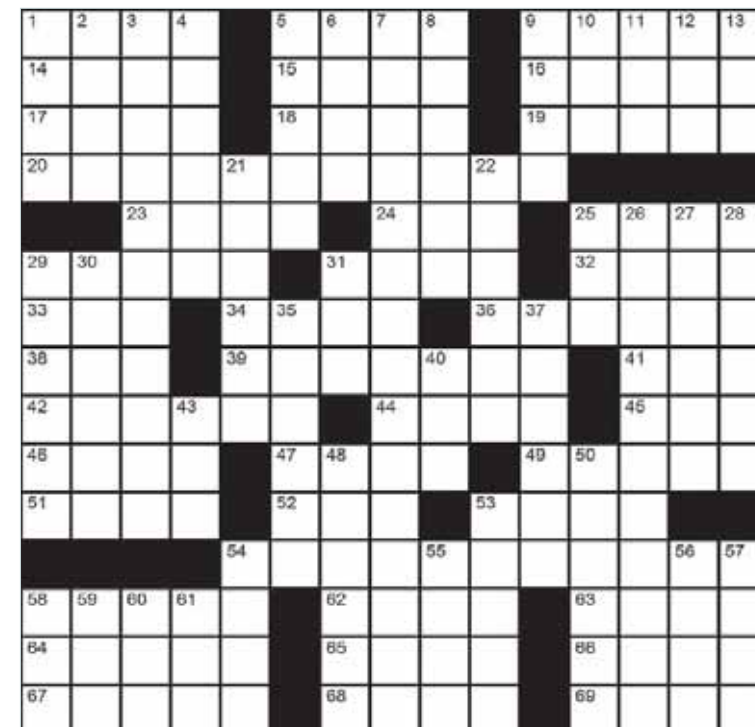
Feb. 20 - March 20

Don't bother asking friends for an opinion on what you are doing. It's unlikely they will be honest with you. The reason you are asking is that you have doubts yourself. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Bryn __ (Pennsylvania college)
5. Home free
9. La __, Saskatchewan
14. Wings: Latin
15. Greek Myth: Goddess of discord
16. "Me, Myself & __" (2000)
17. "Come Sail Away" band
18. " __ of Eden" (1955)
19. Actor, Colm __
20. District in London where One Canada Square (the British capital's second tallest building after The Shard) is located: 2 wds.
23. Zeno of __ (Ancient Greek philosopher)
24. __ Red apple
25. Business subj.
29. Bride's pathway
31. Snooty sort
32. Horse's hair
33. Incidentally, in e-mail shorthand
34. Respiratory organ
36. Chewing gum formation
38. Pi's follower
39. Gift-opener's reaction!: 3 wds.
41. Auction offer
42. Actor Mr. Eckhart's
44. Particular preparation



45. Ask __ Landers (Advice column)
46. 1151 in ancient Rome
47. Phone nos.
49. Washington's __ Sound
51. Single-named songstress
52. Building wing

53. __ qua non (Essential factor)
54. CBC is Canada's public what?
58. Terre-__ (Newfoundland, in French)
62. The Munsters' pet bat
63. Sort of message
64. Allow in

65. Parched
 66. Bristles
 67. Fools
 68. For __ - with Love & Squalor (J.D. Salinger title)
 69. Pesky bug
- Down**
1. Fem. opposite
 2. Calgary's prov.

3. 1992 Mike Myers movie: 2 wds.
4. Canadian pharmacy chain
5. "Later, alligator!": 2 wds.
6. Get __ deal
7. Blacks Harbour in New Brunswick, and others: 2 wds.

8. Nueva York, por ejemplo
9. Guitar __
10. Lead or Uranium
11. Modern
12. Slash's old li'l band
13. Shoe width size
21. Steely Dan's " __ ' in the Years"
22. Bunny
25. Diplomatic bldg.
26. Toronto neighbourhood
27. Using the Web
28. "You __ bother."
29. TV/movie producer, J.J. __
30. Home of Odysseus
31. __Caps (Brand of candy)
35. Province of Ireland
37. Perfect place
40. Ems followers
43. Goose: French
48. Fictional resident at The Plaza Hotel
50. Fix something tangled
53. Loose rock at a cliff's base
54. Stakes
55. Campus bldg.
56. European erupter
57. Take a breather
58. Gymnast Ms. Comaneci, to pals
59. End of a learning institute's URL, perhaps
60. MLB official
61. Try

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: 27°
MIN: 14°



MAX: 23°
MIN: 14°



MAX: 15°
MIN: 13°

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AWD!
LEATHER! **\$260/BW**



2011 NISSAN FRONTIER
431652T • 33,000 KM • KING CAB 4X4 • LOADED

LOADED
PRO X4 **\$27,688**



2012 TOYOTA TUNDRA
216214P • 7,500 KM • CREWMAX 4X4 • LOADED!

LOWER
PAYMENT! **\$303/BW**



2009 VW GOLF "CITY"
009807T • HID HEADLAMPS • NAV • 5-SPEED

2 SETS OF
TIRES! **\$12,888**



2012 TOYOTA CAMRY
552660P • 50,400 KM • AUTO • A/C • CRUISE • BLUETOOTH

NOW!
\$20,888 **\$132/BW**



2012 TOYOTA VENZA V6
049000LP • 57,404 KM • A/C • ALLOYS • BLUETOOTH

LOW
KM'S! **\$23,488**



2012 TOYOTA MATRIX
796808P • 46,773 KM • AUTO • A/C • POWER GROUP

\$15,988



2012 TOYOTA MATRIX
797319P • 52,162 KM • AUTO • A/C • POWER GROUP

LOWER
PAYMENT! **\$99/BW**



2010 TOYOTA RAV4 AWD
030543LP • 63,000 KM • 4 CYL • ALLOYS

\$21,988



2010 TOYOTA VENZA V6
035648LP • SUNROOF • LOADED • BLUETOOTH

\$25,888



2010 HONDA CIVIC LX
006925T • 32,000 KM • AUTO • ALLOYS • A/C

COUPE!
SUNROOF! **\$15,688**



2012 TOYOTA SIENNA
043660P • 48,000 KM • AWD • 7 PASSENGER

NOW!
\$30,880 **\$193/BW**



2010 HONDA CROSSTOUR
800082T • 49,711 KM • ALLOYS • HEATED SEATS

LEATHER
V6! **\$24,888**



2009 DODGE GR. CARAVAN
684888T • 49,900 KM • SE • A/C • STOW N' GO

\$15,888



2010 TOYOTA SEQUOIA
025170P • 78,000 KM • 4X4 • LEATHER • SUNROOF

LOADED
PLATINUM! **\$46,880**



2007 JEEP LIBERTY
612096T • 112,000 KM • V6 • 5-SPEED

GREAT
4X4 DEAL **\$11,800**



2006 TOYOTA 4RUNNER
032983T • 122,000 KM • V8 • LIMITED • WON'T LAST!

\$24,380



2007 HYUNDAI ELANTRA
019054P • 73,508 KM • AUTO • KEYLESS ENTRY

\$9,980



2006 CHRYSLER 300
482780T • 154,000 KM • TOURING • NICE!

\$9,980



2008 JEEP LIBERTY 4X4
167497T • 94,837 KM • AUTO • A/C • ALLOYS

SUNROOF!
LOADED! **\$14,888**



2008 PONTIAC G6 COUPE
114968T • 119,271 KM • REMOTE START • CRUISE

SUNROOF!
LEATHER! **\$11,995**



2004 BMW X5
V06846T • 135,191 KM • LEATHER • ALLOYS

\$14,888



2006 HONDA CIVIC LX
037920P • 136,000 KM • 5-SPEED • ALLOYS

\$9,995



2008 TOYOTA YARIS
248521T • 89,000 KM • 5-SPEED • A/C

GREAT
1ST CAR! **\$9,900**



2003 TOYOTA COROLLA
702705T • 169,583 KM • LE • AUTO • A/C • POWER GROUP

LEATHER!
SUNROOF! **\$8,980**



2003 TOYOTA SIENNA LE
523115T • 159,000 KM • DVD • CRUISE • ALLOYS

\$8,980



2003 TOYOTA MATRIX
732561T • 153,624 KM • 5-SPEED • LOCAL TRADE

\$7,980



1999 ACURA 3.2 TL
804001T • 168,300 KM • LEATHER • SUNROOF • LOADED

\$5,900



2007 TOYOTA TACOMA
408189T • 145,500 KM • TRD • D-CAB • LOADED!

GREAT
4X4! **\$21,888**



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